



CERTIFIED FOR SPORT®

The NSF Certified for Sport® Program helps athletes, coaches and trainers make more informed decisions when choosing sports supplements. The program is recognized by the NFL, NFL Players Association, MLB, MLB Players Association, PGA, PGA and Canadian Centre for Ethics in Sports.

The NSF® certification mark on our products helps athletes of all levels buy our supplements with confidence. Certified supplements must meet rigorous standards that include comprehensive lab testing and extensive evaluation of the manufacturing process to ensure contaminated substances or hidden ingredients are not added to a product.

SUGGESTED USE:

Take one serving (1 scoop) of C4 Sport®, mixed with 6-8 fl. oz. of water 20 – 30 minutes before training. During your workout, it is recommended that you drink plenty of water. **Some individuals may experience a harmless tingling sensation, which is attributed to beta alanine.**

WARNING:

THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use if pregnant or nursing. Do not take this product before first consulting a licensed, qualified, health care professional if you are taking any other dietary supplement, prescription drug or over-the-counter medication; or if, you suspect you have or have been treated for, diagnosed with or have a family history of, any medical condition. This product contains caffeine and should not be used by individuals wishing to eliminate caffeine from their diet or in combination with caffeine or stimulants from other sources. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use if safety seal is broken or missing. Store in a cool dry place. **KEEP OUT OF REACH OF CHILDREN.** This product is sold by weight, not volume. Some settling of powder may occur during shipping and handling, which may affect density of powder. This product contains the servings indicated when measured exactly by weight.

Made in the U.S.A. using U.S. and imported ingredients and components.

‡ Based on sales of C4® brand products in the U.S.A. from 2014 to the present

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



104603

CELLUCOR®

**AMERICA'S #1
PRE-WORKOUT BRAND†**

C4®

SPORT

PRE-WORKOUT 30
EXPLOSIVE ENERGY & PERFORMANCE
FRUIT PUNCH
NATURALLY AND ARTIFICIALLY FLAVORED
SERVINGS

DIETARY SUPPLEMENT

NET WT 270 g (9.5 oz)

CELLUCOR® SPORT SERIES SYSTEM

**1
PRE**

PRE-WORKOUT ENERGY

*C4 Sport®, taken 30 minutes prior to exercise, provides a boost of energy and focus to maximize your workout.**

**2
POST**

POST-WORKOUT RECOVERY

*Whey Sport, consumed within 30 minutes post-workout provides 30g of protein to help you recover quickly and build muscle. And, it tastes great too!**

**3
ALL DAY**

ALL-DAY RECOVERY WITH HYDRATION

*BCAA Sport should be consumed all day for ongoing muscle recovery and hydration to maximize your workout results.**

NSF®

Certified for Sport®

Supplement Facts

Serving Size: 1 scoop (9g)
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	1g	<1%**
Vitamin B6 (as Pyridoxal-5-Phosphate)	35mcg	2%
Vitamin B12 (as Methylcobalamin)	35mcg	583%
Calcium (as Calcium Silicate)	17mg	2%
Magnesium (as Magnesium Chloride)	12mg	3%
Sodium (as Sodium Citrate)	60mg	3%
Potassium (as Dipotassium Phosphate)	20mg	<1%
C4 Sport® Performance Blend	4.9g	†
Micronized Creatine Monohydrate, CarnoSyn® Beta-Alanine, Arginine Alpha Ketoglutarate, Sodium Citrate, Magnesium Chloride, Dipotassium Phosphate		
C4 Sport® Energy Blend	1.135g	†
Taurine, Caffeine Anhydrous (135mg), Pyridoxal-5-Phosphate, Methylcobalamin		

**Percent Daily Values (% DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Citric Acid, Natural and Artificial Flavors, Polydextrose, Calcium Silicate, Silicon Dioxide, Sucralose, Acesulfame Potassium, FD&C Red #40.



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