

Each pack contains:
Women's Ultra Mega® without Iron and Iodine

Supplement Facts

Serving Size Two Light Green Capsules		
Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene, 50% as Retinyl Acetate)	9000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg	333%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	60 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	3333%
Nicotinamide (Vitamin B-3)	50 mg	2941%
Niacin (as Niacinamide & Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Paraethanoic Acid (as Calcium d-Paraethanoate)	50 mg	500%
Calcium (as Calcium Carbonate)	500 mg	50%
Magnesium (as Magnesium Oxide)	100 mg	20%
Zinc (as Zinc Oxide)	10 mg	100%
Selenium (as L-Selenomethionine)	200 mcg	266%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Superfoods Fruit & Vegetable Blend	100 mg	
Orange Peel Powder, Apple Fruit Powder, Cranberry Fruit Powder, Blueberry Pomace Powder, Pomegranate Fruit Powder, Broccoli Powder, Spinach Leaves Powder, Elderberry Fruit Powder, Grape Skin Powder, Tomato Powder		
Beauty Blend	100 mg	
Green Tea Leaves Extract, alpha-Lipoic Acid, Collagen, Hyaluronic Acid (HA)		
Choline (as Choline Bitartrate)	10 mg	
Inositol	10 mg	
Silica (as Silicon Dioxide)	4 mg	
Boron (as Hydrolyzed Protein Chelate)	2 mg	
Lycopene	950 mcg	
Lutemax 2020™ Lutein	950 mcg	

Amount Per Serving		% Daily Value
Zeaxanthin (as Zeaxanthin Isomers)	100 mcg	*
Astaxanthin	50 mcg	*
Vanadium (as Sodium Molybdate)	10 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Natural Vanilla Flavor, Chlorophyll, Sucralose.

CONTAINS: Fish and Soybeans.

Conforms to USP <2991> for weight.

ACTUAL SIZE

Double Strength Fish Oil

Supplement Facts

Serving Size One Yellow Softgel Capsule		
Amount Per Serving		% Daily Value
Calories		10
Calories from Fat		10
Total Fat	1 g	2%
EPA (Eicosapentaenoic Acid)(Omega-3)	360 mg	*
DHA (Docosahexaenoic Acid)(Omega-3)	240 mg	*

* Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Fish Body Oil, Gelatin, Glycerin, Natural Lemon Flavor, Vitamin E, Rosemary Leaves Extract (Rosmarinus officinalis).

Potency verified by GNC procedure #5123.
Conforms to USP <2991> for weight.
Meets USP <2040> disintegration.

This product is regularly tested (using AOAC international protocols) for potency and purity by an independent, FDA-registered laboratory and found to be free of detectable levels of mercury, cadmium, lead and PCBs.

Phytosterols

Supplement Facts

Serving Size One White Capsule		
Amount Per Serving		% Daily Value
Phytosterols	800 mg	*

* Daily Value not established.

Other Ingredients: Calcium Carbonate, Cellulose, Corn Starch, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.

Conforms to USP <2991> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

Coenzyme Q-10

Supplement Facts

Serving Size One Dark Green Softgel Capsule		
Amount Per Serving		% Daily Value
Coenzyme Q-10 (Natural)	100 mg	*

* Daily Value not established.

Other Ingredients: Gelatin, Soybean Oil, Glycerin, Chlorophyll, Titanium Dioxide (Natural Mineral Whitener).

Potencies verified by GNC procedure #5012.
Conforms to USP <2991> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2540
SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition.
Discontinue use two weeks prior to surgery.
No Artificial Colors, No Artificial Flavors, No Wheat, No Gluten, No Dairy, Yeast Free.

MegaNatural®-BP™

Supplement Facts

Serving Size One Brown Capsule		
Amount Per Serving		% Daily Value
MegaNatural®-BP™ Grape Seed Extract (Vitis vinifera)	200 mg	*

* Daily Value not established.

Other Ingredients: Gelatin.

Conforms to USP <2991> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

Niacinamide

Supplement Facts

Serving Size One Round White Tablet		
Amount Per Serving		% Daily Value
Niacin (as Niacinamide)	100 mg	100%

Other Ingredients: Dicalcium Phosphate, Cellulose, Whole Brown Rice (Oryza sativa).

Potencies verified by GNC procedure #5103.
Conforms to USP <2991> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

To ensure a complete nutritional program, take daily with these GNC products:

- Ultra Probiotic Complex
- SuperFoods Supreme
- Ultra Omega-3
- Natural Blend™ Clear Mixing Super Fiber

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Lutemax 2020™ Lutemax 2020™ is a trademark of GreenActive Health Technologies.

GNC QUALITY COMMITMENT
For more than 70 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE
If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

GNC

WOMEN'S ULTRA MEGA® Heart

Dietary Supplement

VITAPAK® PROGRAM

- Clinically studied* multivitamin with 1,600 IU of vitamin D-3 for immune health*
- May reduce the risk of heart disease with 800 mg of phytosterols†
- Maintains healthy blood pressure levels and helps block cholesterol absorption*



30 PACKS



PHYSICIAN
ENDORSED*

WOMEN'S ULTRA MEGA® HEART

GNC Women's Ultra Mega® Heart Vitapak® Program conveniently combines nutrients that support a woman's overall nutritional needs with focused ingredients to promote heart health and may reduce the risk of heart disease.*

Women's Ultra Mega® without Iron and Iodine

Our premium, timed-release, clinically studied* formula includes vitamins and minerals to supplement key nutrients that may be missing in your daily diet. Women's Ultra Mega® contains 1,600 IU of vitamin D-3 for breast and bone health and immune support as well as B vitamins that are important for cardiovascular health and energy production.* It's enhanced with 500 mg of bone-strengthening calcium, and a hair, skin and nails blend, and features a broad spectrum of cell-protecting antioxidant nutrients that also support immune health.*

Double Strength Fish Oil

Features 600 mg of omega-3 fatty acids, 360 mg of EPA and 240 mg of DHA. The omega-3 fatty acids found in fish oil are necessary for heart, joint and eye health.* They help maintain healthy cholesterol levels and are necessary in the maintenance of normal blood pressure.*

Phytosterols

These natural compounds found in fruits, vegetables and whole grains help block cholesterol absorption.* Phytosterols are clinically shown to help support normal, healthy cholesterol levels and may reduce the risk of heart disease.† Each daily serving provides the clinically studied dose of 800 mg of phytosterols.

MegaNatural®-BP™

Clinically shown to help maintain normal, healthy blood pressure levels already within the normal range. MegaNatural®-BP™ is a superior form of grape seed extract that contains compounds to support a healthy heart.*

Coenzyme Q-10

A heart-healthy antioxidant that supports heart health.* Levels of CoQ-10 diminish with age and when taking certain medications.

Niacinamide

Provides dietary support for a healthy blood lipid profile, and plays an important function in energy metabolism.*

*Diets low in saturated fat and cholesterol that include two servings of a dietary supplement that provide a daily total of at least 800 mg of plant phytosterols in two meals may reduce the risk of heart disease. A serving of Women's Ultra Mega® Heart Vitapak® supplies 800 mg of plant phytosterols.

†In a randomized, double-blind, placebo-controlled study of 110 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

*This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can feel your best. ™

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.