

SUGGESTED USE:

Take one serving (1 scoop) of C4 SPORT™, mixed with 4-6 fl. oz. of water 20 – 30 minutes before training. DO NOT EXCEED 2 SCOOPS PER DAY. During your workout, it is recommended that you drink plenty of water. **Some individuals may experience a harmless tingling sensation, which is attributed to beta alanine.**

WARNING:

This product is only intended for healthy adults, 18 years of age or older. Do not use if pregnant or nursing. Before using this product, consult a licensed, qualified health care professional if: you are using a MAOI (Monoamine Oxidase Inhibitor), SSRI, or blood thinner, or you are taking any other dietary supplement, prescription drug or over-the-counter medication; or if, you have been treated for, diagnosed with or have a family history of, any medical condition, including but not limited to: high or low blood pressure, diabetes, anxiety, cardiovascular, psychiatric or seizure disorders, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, or difficulty urinating due to prostate enlargement. This product contains caffeine and should not be used by individuals wishing to eliminate caffeine from their diet or in combination with caffeine or stimulants from other sources, including but not limited to, coffee, tea, soda, other dietary supplements and medications. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product. Do not exceed recommendations for Suggested Use. Use only as directed. Do not use if safety seal is broken or missing. Moisture and humidity can cause clumping. STORE IN A COOL DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

‡ Based on sales of C4® brand products in the U.S.A. from 2014 to the present.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CELLUCOR®

C4[®]

SPORT

**CONCENTRATED ENERGY
& PERFORMANCE POWDER***

WATERMELON

ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT

NET WT 285g (10.1 oz)

**30
SERVINGS**



**SPORT
SERIES**



Supplement Facts

Serving Size: 1 scoop (9.5g)
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	1g	<1%**
Vitamin B6 (as Pyridoxal-5-Phosphate)	35mcg	2%
Vitamin B12 (as Methylcobalamin)	35mcg	583%
Phosphorus (as DiPotassium Phosphate and DiSodium Phosphate)	95mg	10%
Magnesium (as Magnesium Chloride)	23mg	6%
Sodium (as DiSodium Phosphate)	120mg	5%
Potassium (as DiPotassium Phosphate)	45mg	1%
C4 Sport™ Performance Blend Micronized Creatine Monohydrate, CarnoSyn® Beta-Alanine, Arginine AKG, DiSodium Phosphate, Magnesium Chloride, DiPotassium Phosphate	5.4g	†
C4 Sport™ Energy Blend Taurine, Caffeine Anhydrous, Pyridoxal-5-Phosphate, Methylcobalamin	1.15g	†

**Percent Daily Values (% DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Polydextrose, Malic Acid, Artificial Flavors, Citric Acid, Calcium Silicate, Silicon Dioxide, Sucralose, Acesulfame Potassium, FD&C Red Lake #40.

CarnoSyn Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

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