Formulated by Dr. James Rouse, doctor of naturopathic medicine, wellness visionary, and Skoop co-founder.

Made with organic veggies that provide the phytonutrients to promote sustained energy.†

Includes adaptogens like reishi, rhodiola, astragalus, and cordyceps to help restore your inner balance.†

Contains three strains of probiotics to promote digestive health.†

Provides 3g of fiber per serving from chia seed, flax seed, and gum acacia.†

MADE WITHOUT:
GLUTEN, SOY, DAIRY, GMOs, FUNKY STUFF

healthy
Skoop®

sweetgreens

DAILY GREENS
WITH ADAPTOGENS

DIETARY SUPPLEMENT. NET WEIGHT 8.4 OZ (240 G)

SKOOP IT,

SHAKE IT,

LIVE IT.

HOW TO GET YOUR SKOOP ON

Blend one Skoop with 8-10 oz. of liquid and shake until smooth. Add to your favorite dairy or non-dairy milk, juice, or smoothie.

Supplement Facts

Serving Size: 1 scoop (8g)
Servings Per Container: About 30

	Amount per serving	%Daily Value*
Calories	25	
Total Carbohydrate	6 g	2%*
Dietary Fiber	3 g	11%*
Total Sugars	1 g	**
Sodium	10 mg	<1%
Potassium	36 mg	1%
Organic Fiber Blend Gum Acacia, Flax Seed, Chia Seed	3.165 g	**
Organic Fruit Blend Apple, Blueberry, Pomegranate Fruit Extract, Goji Berry Extract, Açai, Cranberry	985 mg	**
Organic Vegetable Blend Broccoli, Carrot, Spinach, Parsley, Beet, Kale	615 mg	**
Antioxidant Blend Quercetin, Oxyphyte® Ultra blend (White Tea Leaf Extract, Rosemary Leaf Extract, Apple Fruit Extract), Oxyphyte® Green Tea Leaf Extract, Oxyphyte® Grape Skin Extract	586 mg	**
Organic Adaptogen Herb Blend Astragalus Root^, Reishi Mushroom^, Cordyceps Mushroom^, Rhodiola Root Extract^	308 mg	**
Organic Greens Blend Barley Grass, Wheatgrass, Spirulina, Chlorella	246 mg	**
Digestive Blend Enzyme Blend (Protease, Amylase, Bromelain, Cellulase, Lactase, Papain, Lipase), Probiotic Blend (L. acidophilus, B. longum, L. casei, L. rhamnosus)	58 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established

^Mycelial Biomass cultivated on organic oats.

OTHER INGREDIENTS: ORGANIC HONEY (ON ORGANIC MALTODEXTRIN), SUNFLOWER LECITHIN, ORGANIC FLAVORS, XANTHAN GUM, ORGANIC REBAUDIOSIDE A (FROM ORGANIC *STEVIA REBAUDIANA* LEAF), CITRIC ACID, LUO HAN GUO FRUIT EXTRACT
CONTAINS: WHEAT (WHEATGRASS)

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healthyskoop.com
Certified Organic by QAI

WARNING: Always consult with a healthcare professional before starting any new vitamins, supplements, diet, or exercise program, before taking any medication, if you are pregnant, or nursing, or if you have or suspect you might have a health problem.

CERTIFIED ORGANIC

OxyPhyte

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†These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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