

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving % Daily Value			Amount Per Serving % Daily Value		
Vitamin A (as 25% vitamin A palmitate & 75% beta carotene)	10,000 IU	200%	Zinc (as zinc citrate)	7 mg	47%
Vitamin C (ascorbic acid)	300 mg	500%	Selenium (as selenium chelate)	50 mcg	71%
Vitamin D3 (as cholecalciferol)	200 IU	50%	Copper (as copper gluconate)	0.7 mg	35%
Vitamin E (as d-alpha tocopheryl acid succinate)	100 IU	333%	Manganese (as manganese chelate)	7.5 mg	375%
Vitamin K	30 mcg	36%	Chromium (as chromium picolinate)	100 mcg	83%
Thiamin (as thiamin hydrochloride)	30 mg	2,000%	Molybdenum (as molybdenum citrate)	12 mcg	16%
Riboflavin	15 mg	862%	Inositol	50 mg	**
Niacin (as niacin & niacinamide)	30 mg	150%	Ginger (powdered extract 4:1 root)	50 mg	**
Vitamin B6 (as pyridoxine hydrochloride)	30 mg	1,500%	Chitos Powder	50 mg	**
Folic Acid	400 mcg	100%	Green Tea Phytochrome® (leaf)	40 mg	**
Vitamin B12 (as cyanocobalamin)	400 mcg	6,667%	Alfalfa Juice, powder 12:1 (peril part)	25 mg	**
Biotin	300 mcg	100%	Spirulina algae (Anabaena sp.) (patens), powder	25 mg	**
Pantothenic Acid (as calcium pantothenate)	50 mg	500%	Wheat Grass Juice, (Triticum aestivum), powder (leaf)	25 mg	**
Calcium (as calcium citrate & calcium carbonate)	500 mg	50%	Choline (as choline bitartrate)	20 mg	**
Iron (as ferrous fumarate)	9 mg	50%	Boron (as boron citrate)	0.5 mg	**
Iodine (from kelp)	150 mcg	100%	Silicon (from horsetail)	0.5 mg	**
Magnesium (as magnesium oxide & magnesium citrate)	150 mg	36%	Lutein from Marigold flowers, (Tagetes erecta)	0.5 mg	**
			Vanadium (as vanadium citrate)	40 mcg	**

Other ingredients: Cellulose, coating (methylcellulose, glycerin [coconut]), stearic acid, magnesium stearate (vegetable grade), croscarmellose sodium.

DIETARY SUPPLEMENT

Women's MultiStart®

Dr. Michael Murray
Formulated



Vitamin, Mineral, Herbal & Antioxidant Support*

90 Tablets

natural
Factors®

Suggested Usage: Take 3 tablets up to 2 times per day with meals or as directed by a health professional. Keep out of reach of children. Women's MultiStart® is the perfect foundation multiple containing a complete spectrum of nutrients, herbs and antioxidants in the ideal ratio and dosage. * MultiStart® reduces the need for supplemental pills such as calcium, and ensures that correct and balanced levels of important nutrients, herbs and antioxidants are delivered to the body, specific to the nutritional needs of women.†

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control immediately.

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world. Contains no artificial preservatives, colors or sweeteners; no dairy or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place. Phytochrome® is a trademark of Indena S.p.A.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
1111-80th St. SW, Ste. 100
Everett WA, USA 98203



Recyclable container.

Purity & Potency
Guaranteed

LOT & EXPIRY
0.6875" x 0.4375"
Double Line

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