

## Suggested Use:

Take 2 pumps by mouth, 2 times daily. Hold in mouth for 30 seconds before swallowing. Best taken on an empty stomach at least 10 minutes before meals. Once opened use within 30 days.

## Quicksilver Delivery Systems™

is the industry-leading phospholipid encapsulation system—providing rapid uptake and unparalleled bioavailability.

QuicksilverScientific.com

Manufactured by: Quicksilver Scientific  
1376 Miners Dr., #101 Lafayette, CO 80026



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## LIPOSOMAL METHYL B-COMPLEX

Dietary Supplement

Net 1.7 FL. OZ. (50 mL)

## SUPPLEMENT FACTS

Serving Size: 1mL (2 pumps) Servings per container: 50	Amount Per Serving	% Daily Value
Vitamin B1 (Thiamine Hydrochloride)	12.5mg	833%
Vitamin B2 (as Riboflavin 5'-Phosphate)	7.5mg	441%
Vitamin B3 (as Niacin and Niacinamide)	10mg	50%
Vitamin B5 (as Calcium d-Pantothenate)	25mg	250%
Vitamin B6 (as Pyridoxine Hydrochloride)	7.5mg	375%
Vitamin B7 (Biotin)	500mcg	166%
Vitamin B9 (as Folic Acid)	500mcg	125%
Vitamin B12 (as Methylcobalamin)	500mcg	8333%
Betain Anhydrous (Trimethylglycine)	25mg	**
Milk Thistle Extract	50mg	**
Phosphatidylcholine (from purified sunflower seed lecithin)	68mg	**

\*\* Daily Value not established

**Other Ingredients:** Water, Glycerin, Ethanol, Vitamin E (as tocopherolan and natural mixed tocopherols), EDTA (as preservative), Natural Citrus Oils and Natural Flavoring

Product Code: QSBCOMP01