



SUGGESTED USE:

Take one serving (4 capsules) daily, preferably on an empty stomach 30-60 minutes before bedtime. For best results, avoid taking with dairy or other calcium-containing foods or supplements. DO NOT EXCEED 4 CAPSULES PER DAY. USE ONLY AS DIRECTED.

WARNING:

THIS PRODUCT IS ONLY INTENDED TO BE CONSUMED BY HEALTHY, ADULT MEN, 18 YEARS OF AGE OR OLDER. NOT FOR USE BY WOMEN, especially those who are pregnant or nursing. Do not use this product if you have any serious medical conditions. Before using this product, consult with a licensed, qualified, health care professional, including but not limited to, if you suspect you have or have been treated for, diagnosed with or have a family history of any medical condition including but not limited to an auto-immune condition, a depressive disorder, a sleep condition, high or low blood pressure or diabetes, or if you are using any prescription or over the counter medication including sedatives or other CNS depressants, corticosteroids, immunosuppressants, anti-coagulants or medications to treat diabetes or high or low blood pressure. Do not take this product in combination with alcoholic beverages. This product contains ingredients which may cause drowsiness. Do not operate a vehicle or heavy machinery following consumption of this product. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use if safety seal is broken or missing. Store in a cool dry place. KEEP OUT OF REACH OF CHILDREN.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



105292

P6[®]

PM

NIGHTTIME TESTOSTERONE BOOSTER*

PROMOTES
IMPROVED SLEEP*
WITH ZMA[®]
DIETARY SUPPLEMENT

120

CAPSULES

SUPPLEMENT FACTS

Serving Size: 4 Capsules
Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin B6 (as Pyridoxine Hydrochloride)	10.5mg	525%
Magnesium (as Magnesium Aspartate and Oxide)	450mg	113%
Zinc (as Mono-L-Methionine and Aspartate)	30mg	200%
P6 [®] PM Blend	855mg	†
<i>Tribulus terrestris</i> whole herb extract, Suntheanine [®] L-Theanine, Passionflower (<i>Passiflora spp.</i>) aerial parts extract, GABA (γ -Aminobutyric Acid), Melatonin (N-Acetyl-5-Methoxytryptamine)		

† Daily Value not established.

Other Ingredients: Capsule Shell (Gelatin, Titanium Dioxide, FD&C Blue #1, FD&C Red #40), Microcrystalline Cellulose, Vegetable Magnesium Stearate, Silicon Dioxide.

Suntheanine[®] is a registered trademark of Taiyo International, Inc.

ZMA[®] is a registered trademark of SNAC System, Inc., San Carlos, CA 94070.



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