

## **Supplement Facts**

Serving Size: 2 Capsules. Servings per container: 30

Suggested Usage: 2 capsules daily.

Amount	per serving	*DV
Vitamin C (as Ascorbic Acid and Calcium Ascorbate)	200mg	3309
Vitamin D (as Cholecalciferol)	1000IU	2509
Vitamin E (as D-Alpha-Tocopheryl Acetate)	30IU	1009
Thiamine (as Thiamine HCI)	3.0mg	2009
Riboflavin	3.0mg	1809
Niacin (as Inositol Hexanicotinate)	20mg	1009
Vitamin B6 (as Pyridoxine HCI)	10mg	5009
Folate (Folic Acid)	400mcg	100
Vitamin B12 (as Cyanocobalamin)	500mcg	8330
Pantothenic Acid (as Calcium D-Pantothenate)	10mg	100
Calcium (as Calcium Ascorbate and Calcium D-Pantothenat	e) 6mg	<2
Proprietary Blend Patented Aloe Vera Blend, New Zealand Blackcurrant Fruit Extrac (std. min. 30% Anthocyanins), Guar Gum Soluble Fiber.	390mg t	•
*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value (DV) not established.		
Other ingredients: Rice Flour, Gelatin, Silica, Magnesium Stearate		