

Each Daily Pill Strip Contains:
2 Stress Hormone Balancing Blend capsules
1 Probiotic & Digestive Support Blend capsule
1 System Detox & Metabolic Support Blend tablet

DIRECTIONS: As a dietary supplement, take one daily pill strip each day with food for 5 consecutive days.

Stress Hormone Balancing Blend

Supplement Facts	
Serving Size Two Capsules	
Servings Per Container 5	
Amount Per Serving	
Phosphatidylserine & Phosphatidic Acid	400 mg*
* Daily Value not established.	

OTHER INGREDIENTS: Vegetarian Capsule Shell (Hydroxypropyl Methylcellulose), Silicon Dioxide, Magnesium Stearate.
CONTAINS: Soybeans.

Probiotic & Digestive Support Blend

Supplement Facts	
Serving Size One White Capsule	
Servings Per Container 5	
Amount Per Serving	
LAD4 Probiotics	50 Billion CFU*
Lactobacillus acidophilus (CUL 60)	
Lactobacillus acidophilus (CUL 21)	
Bifidobacterium bifidum (CUL 20)	
Bifidobacterium animalis subsp. lactis (CUL 34)	
Fructooligosaccharides (FOS)	150 mg
Enzyme Blend	100 mg
Amylase, Bromelain, Papain, Cellulase, Malt Diastase, Beta Glucanase, Hemicellulase, Lipase, Protease, Phytase	
* Daily Value not established.	

OTHER INGREDIENTS: Vegetarian Capsule Shell (Hydroxypropyl Methylcellulose), Potato Maltodextrin, Silicon Dioxide, Magnesium Stearate, Titanium Dioxide, Carn Maltodextrin.

System Detox & Metabolic Support Blend

Supplement Facts	
Serving Size One Green Tablet	
Servings Per Container 5	
Amount Per Serving	
Potassium (as Potassium Chloride)	75 mg 2%
Magnesium (as Magnesium Oxide)	25 mg 6%
Chloride (as Potassium Chloride)	50 mg 2%
N-Acetyl L-Cysteine	100 mg
Suntheanine® L-Theanine	100 mg
Ricorhiza Aromosa Root Extract (4% Picric Acid 1 & 2 = 8 mg)	200 mg
(5% Apocynin = 10 mg)	
Sennae	100 mg
Goldenseal Root Extract (Hydrastis canadensis) root	75 mg
Milk Thistle Seed Extract (Silybum marianum) seed	100 mg
(50% Silymarin = 50 mg)	
Turmeric Root Extract (Curcuma longa) (root)	50 mg
(Standardized to Curcuminoids)	
Cranberry Fruit Extract (Vaccinium macrocarpon)	25 mg
EGCG (from Green Tea Extract) Camellia sinensis (leaf)	25 mg
(standardized to 75% EGCG = 18.75 mg)	
Melon Extract (Cucumis melo) (fruit)	10 mg
(Supernode Densities = 140 lb)	
* Daily Value not established.	

OTHER INGREDIENTS: Microcrystalline Cellulose, Dicalcium Phosphate, Hydroxypropyl Methylcellulose, Silicon Dioxide, Magnesium Stearate, Titanium Dioxide, Copper Chlorophyllin, Glycerin, Carn Maltodextrin.

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BECOME A TOTALLY NEW YOU

Rejuvenate and replenish your weight loss program with the Total Lean™ Advanced Diet Cleanse. This comprehensive detox system targets support for 6 key areas in the body and helps you gently eliminate unwanted chemicals and toxins that can sabotage your dieting efforts. Made with probiotics, real fruits and veggies and clinically studied ingredients, these high-quality formulas provide you with essential nutrients as you strive to become a totally new you. For best results, simply take as directed for 5 consecutive days and follow the enclosed meal and exercise plan.



The Total Lean™ Advanced Diet Cleanse targets support for 6 key areas in the body unique to dieters.

GNC

TOTAL LEAN™
ADVANCED

NEW

DIET CLEANSE

DIETARY SUPPLEMENT

KICK-START YOUR WEIGHT LOSS PROGRAM

CLEANSING
AND DETOX*
RESET & PURIFY*

5-DAY
DETOX SYSTEM
50 BILLION CFU PROBIOTICS

REDUCES
BLOATING*
STRESS DEFENSE*



GLUTEN FREE
CLINICALLY STUDIED

- Contains:
- 10 - Purifying Complex Packets
 - 5 - Daily Pill Strips
 - Meal & Exercise Plan

CODE 732239 KPG

Fiber Rich Fruit & Veggie Purifying Complex

DIRECTIONS: As a dietary supplement, mix one serving (25.4 grams) in 8 fl. oz. of water and drink twice daily, once before breakfast and dinner, for 5 consecutive days. Be sure to drink 8-10 glasses (64-80 fl. oz.) of water throughout the day while using the powder.

Supplement Facts	
Serving Size One Packet (25.4 g)	
Servings Per Container 10	
Amount Per Serving	
Calories	55
Total Carbohydrate	22 g 7%†
Dietary Fiber	11 g 44%†
Sugars	5 g
Protein	<1 g
Vitamin B-12 (as Cyanocobalamin)	6 mcg 100%
Pantothenic Acid (as D-Calcium Pantothenate)	10 mg 100%
Magnesium (as Magnesium Oxide)	100 mg 400%
Fruit & Vegetable Blend	
Apple Fruit Powder (Malus domestica)	6900 mg
Zucchini Powder (Cucurbita pepo)	2540 mg
Spectra™ Total ORAC Blend of:	100 mg
Green Coffee Extract, Broccoli Sprout Powder, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Extract, Quercetin, Tomato Powder, Broccoli Powder, Acai Fruit Powder, Turmeric Root Extract, Garlic Powder, Basil Leaf Powder, Oregon Leaf Powder, Cinnamon Bark Powder, Elderberry Fruit Powder, Carrot Powder, Mangosteen Fruit Powder, Black Currant Fruit Extract, Blueberry Fruit Extract, Sweet Cherry Fruit Powder, Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder, Spinach Leaf Powder, Kale Leaf Powder, Bilberry Fruit Extract, Brussels Sprout Powder	
Digestive Support Blend	
Galactooligosaccharides	1480 mg
L-Glutamine	250 mg
Licorice Root	50 mg
† Percent Daily Value based on a 2,000 calorie diet.	
* Daily Value not established.	

OTHER INGREDIENTS: Polydextrose (as Litesse®), Citric Acid, Natural Flavor, Silica, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan, Organic Stevia Leaf Extract, Beet Juice (Color).

CONTAINS: Milk.
NOTICE: Significant product settling may occur.
WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

ARE YOU UP FOR
THE CHALLENGE?
Visit GNC.com/TLO to join
and for more information.

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KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
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OUR QUALITY COMMITMENT TO YOU
Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.