

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (25% as vitamin A palmitate & 75% as beta carotene)	10,000 IU 200%	Manganese (as manganese citrate)	7.5 mg 375%
Vitamin C (ascorbic acid)	250 mg 417%	Chromium (as chromium picolinate)	100 mcg 83%
Vitamin D3 (as cholecalciferol)	100 IU 25%	Molybdenum (as molybdenum citrate)	12.5 mcg 17%
Vitamin E (as α -alpha tocopheryl acid succinate)	200 IU 667%	Choline Bitartrate	50 mg **
Vitamin K	30 mcg 38%	Inositol	50 mg **
Thiamin (as thiamin hydrochloride)	30 mg 2,000%	Saw Palmetto, powdered extract 8:1 (fruit)	50 mg **
Riboflavin	5 mg 294%	Ginkgo Biloba	40 mg **
Niacin (as inositol nicotinate & niacinamide)	65 mg 325%	Phytosome™ (soy)	
Vitamin B6 (as pyridoxine hydrochloride)	15 mg 750%	Betaine HCl	25 mg **
Folic Acid	400 mcg 100%	Glutamic Acid HCl	25 mg **
Vitamin B12 (as cyanocobalamin)	400 mcg 6,667%	Alfalfa Juice, powder	25 mg **
Biotin	300 mcg 100%	Spirulina algae (Aethrosira platensis), powder	25 mg **
Pantothenic Acid (as calcium pantothenate)	50 mg 500%	Wheat Grass Juice (Triticum aestivum), powder (leaf)	25 mg **
Calcium (as calcium carbonate & calcium citrate)	200 mg 20%	Parax Ginseng, powder (root)	15 mg **
Iodine (from kelp)	150 mcg 100%	Boron (as boron citrate)	0.5 mg **
Magnesium (as magnesium oxide & magnesium citrate)	125 mg 31%	Lutein (from Marigold flowers, Tagetes erecta)	0.5 mg **
Zinc (as zinc citrate)	15 mg 100%	Vanadium (as vanadium citrate)	40 mcg **
Selenium (as selenium chelate)	50 mcg 71%		
Copper (as copper gluconate)	0.75 mg 38%		

Other ingredients: Cellulose, coating (methylcellulose, glycerin [coconut]), stearic acid, magnesium stearate (vegetable grade), croscarmellose sodium.

DIETARY SUPPLEMENT

Men's 50+ MultiStart®

Dr. Michael Murray
Formulated



Vitamin, Mineral, Herbal & Antioxidant Support*

120 Tablets

**natural
Factors®**

Suggested Usage: Take 2 tablets up to 2 times per day with meals or as directed by a health professional. Keep out of reach of children.

MultiStart® for Men 50+ is the perfect foundation multiple containing a complete spectrum of nutrients, herbs and antioxidants in the ideal ratio and dosage. * MultiStart® reduces the need for supplemental pills such as vitamin E or saw palmetto, and ensures that correct and balanced levels of important nutrients, herbs and antioxidants are delivered to the body, specific to the nutritional needs of men over 50.*

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

Contains no artificial preservatives, colors or sweeteners; no dairy or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

Phytosome™ is a trademark of Indena S.p.A.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada

Distributed by NATURAL FACTORS

1111-80th St. SW, Ste. 100

Everett WA, USA 98203



Recyclable container.

**Purity & Potency
Guaranteed**

LOT & EXPIRY

0.6875" x 0.4375"

Double Line

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