The COR-Performance® Gainer is for active individuals who want to increase their muscle mass. Each scoop of COR-Performance® Gainer provides high quality protein and carbohydrates to complement a well-rounded diet. For training, COR-Performance® Gainer provides creatine and instantized BCAAs to support strength gains, promote muscle protein synthesis and recovery. For best results, take the COR-Performance® Gainer in the morning, in-between meals post-workout, and/or right before bed. Vary the serving size based on your fitness goals, workout intensity and frequency.

SUGGESTED USE:

JSE ONLY AS DIRECTED. Take one serving (1 scoop) of COR-Performance@ Gainer mixed with 6 – 10 fl. oz. of cold water or other beverage of choice one to two times daily. DO NOT EXCEED 4 SCOOPS PER DAY. Use table below to find customized serving to best fit your goal and desired results

Serving	Goal	Desired Results
1-2 Scoops	Lean Muscle Support*	Maintain Lean Muscle & Support Muscle Recovery*
3-4 Scoops	Maximize Mass Gains*	Build Muscle Mass & Support Muscle Recovery*

Serving Size	Servings Per Container	Calories‡	Fats‡	Carbohydrates	Protein
One Scoop	28	340	6g	40g	30g
Two Scoops	14	670	12g	80g	60g
Three Scoops	9	1010	18g	120g	90g
Four Scoops	7	1350	24g	160g	120g

Variances in macronutrient quantities stated from one to four scoops is due to FDA regulations associated to rounding rules

WARNING:

HIS PRODUCT IS ONLY INTENDED TO BE CONSUMED BY HEALTHY ADULTS: 18 EARS OF AGE OR OLDER. Do not use this product if you are pregnant or nursing ncluding but not limited to, if you are taking any prescription drug o scontinue use and contact a medical doctor if you experience any adversi reaction to this product. Discontinue use 2 weeks prior to surgery. Do not use if safety seal is broken or missing. Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN. Settling may occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



COR-PERFORMANCE® GAINER



5g

80g

680 **L**DIGESTIVE T ENZYMES

PER 2 SCOOPS

HIGH QUALITY PROTEIN MASS GAINER ADDED BCAAS & CREATINE

INCREASES STRENGTH* · SUPPORTS MUSCLE GROWTH* · INCREASES MUSCLE MASS*

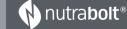


DIETARY SUPPLEMENT NET WT. 2436g (5.37 lbs)









3891 S. Traditions Dr Bryan, TX 77807 1.866.927.9686

f y o FOLLOW @CELLUCOR FOR GIVEAWAYS AND UPDATES



Cellucor® and COR-Performance® are trademarks of and distributed by

Supplement Facts

Amount Per Serving % Daily Value

4.5a

85ma

40a

30g

235mg 2mg 190mg 3.75g

Creatine Monohydrate, Instantized Branched Chain Amino Acid Blend (L-Leucine, L-Isoleucine, L-Valine)

**Percent Daily Values (% DV) are based on a 2,000 calorie diet.

Other Ingredients: Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Milk Protein Isolate, Micellar Casein, Egg White Albumin, Whey Protein

riglycerides, Natural & Artificial Flavors, Sweet Potato Powder, Cellulose Gum

Made in the U.S.A. using U.S. and Imported Ingredients and Components

Hydrolysate), Maltodextrin, Cocoa (Processed with Alkali), Medium Chair

Protease, Soy or Sunflower Lecithin, Acesulfame Potassium, Sucralose. ALLERGEN WARNING: Contains Egg, Milk and Soy. GLUTEN-FREE

60%**

Serving Size: 1 scoop (87g) Servings per container: 28

Calories from Fat

Saturated Fat

Dietary Fiber

Total Carbohydrate

† Daily Value not established.





