

*Creatine has been clinically studied for its positive effects on strength and performance. Supplementing with creatine provides your muscles with an extra boost of energy for intense exercise, helping replenish the body's ATP levels. Higher ATP levels promote faster recovery during anaerobic exercise. Choose COR-Performance® Creatine for added ATP energy, strength, and lean muscle growth.**

SUGGESTED USE:

USE ONLY AS DIRECTED. Take one serving (1 scoop) of COR-Performance® Creatine mixed with 8–10 fl. oz. of cold water or other beverage of choice before, during, or after training. On non-training days, take one serving (1 scoop) in the morning. **LOADING PHASE:** If you are not currently consuming a creatine product, for best results, begin by consuming one serving (1 scoop), four times per day for the first 5-7 days.

WARNING:

THIS PRODUCT IS ONLY INTENDED TO BE CONSUMED BY HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use this product if you are pregnant or nursing. Before using this product, consult a licensed, qualified, health care professional, including but not limited to, if you are taking any prescription drug or over-the-counter medication, or have any existing medical condition. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Discontinue use 2 weeks prior to surgery. Do not use if safety seal is broken or missing. Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN. This product is sold by weight, not volume. Some settling of powder may occur during shipping and handling, which may affect density of powder. This product contains the servings indicated when measured exactly by weight.

‡WHEN USED IN COMBINATION WITH RESISTANCE TRAINING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CELLUCOR®

CREATINE

COR-PERFORMANCE® CREATINE

INCREASES STRENGTH*‡

PROMOTES LEAN MUSCLE MASS*

MICRONIZED CREATINE

FRUIT PUNCH
NATURALLY & ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT

NET WT 350 g (12.3 oz)

50
SERVINGS



COR-PERFORMANCE®
SERIES

SUPPLEMENT FACTS

Serving Size: 1 scoop (7g)

Servings Per Container: 50

	Amount Per Serving	% DV
Micronized Creatine Monohydrate	5g	†
† Daily Value (%DV) not established.		

Other Ingredients: Citric Acid, Silicon Dioxide, Natural & Artificial Flavors, Malic Acid, Sucralose, Acesulfame Potassium, FD&C Red #40.

Made in the U.S.A. using Imported Ingredient and U.S. and Imported Components.

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