### SUGGESTED USE:

Mix each serving (2 scoops) of COR-Performance® Whey Protein in 5-6 fl. oz. of cold water or any beverage of choice one to two times daily.

## **MAXIMUM PERFORMANCE TIPS:**

Vary the amount of liquid to achieve desired consistency and flavor. Cellucor COR-Performance® Whey Protein can be used before workouts, after workouts, or as a quick and fit snack anytime. Drink 1-4 servings daily, or as needed to satisfy your personal protein intake requirements.

Nutrition: Cellucor COR-Performance® Whey Protein is best used as part of a well-balanced diet that includes whole foods and other protein sources. Individual nutritional requirements vary depending on gender, body weight, level of activity and exercise/training intensity.

Mix it Up: Cellucor COR-Performance® Whey Protein can be used for more than just protein shakes. Try adding a scoop into oatmeal, yogurt, pancakes, and other baked good recipes. Visit www.cellucor.com/recipes for more tips and inspiration.

**Notice:** Use this product as a food supplement only. Do not use this for weight reduction. Keep out of reach of children. Store in a cool, dry place.



**24**g

120

CALORIES

5.25g Naturally Occurring BCAAs\*

PER SERVING

# FAST DIGESTING WHEY PROTEIN

WHEY PROTEIN ISOLATE PRIMARY SOURCE · DELICIOUS FLAVOR · MIXES EASILY

WHIPPED VANILLA NATURALLY & ARTIFICIALLY FLAVORED

NET WT 2219 g (4.89 lb)











3891 S. Traditions Dr Bryan, TX 77807 1.866.927.9686



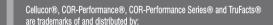
30g

Protein 4



**GLUTEN FREE** 





layors, Cellulose Gum, Xanthan Gum, Protease, Acesulfame LLERGEN WARNING: Contains Milk. Sov. GLUTEN-FREE. This product is manufactured

on the same equipment that processes milk, egg, soy, wheat, peanut & tree nuts. Made in the U.S.A. Using U.S. and Imported Ingredients and Components

**Nutrition Facts** 

Amount Per Serving % Daily Value\*\* 120

35mg

130mg

Vitamin C 2%

Iron 2%

\*\*Percent Daily Values are based on a 2.000 calorie diet. Your dail

values may be higher or lower depending on your calorie needs:

Serving size: 2 level scoops (31 g) Servings per container: 70

Calories from Fat

Saturated Fat

Total Carbohydrate

Dietary Fiber

Vitamin A 0% Calcium 10%

Dietary Fiber

Calories Per Gram

Trans Fat

Total Fat

