

**SUGGESTED USE:**  
Mix each serving (2 scoops) of COR-Performance® Whey Protein in 5-6 fl. oz. of cold water or any beverage of choice one to two times daily.

**MAXIMUM PERFORMANCE TIPS:**  
Vary the amount of liquid to achieve desired consistency and flavor. Cellucor COR-Performance® Whey Protein can be used before workouts, after workouts, or as a quick and fit snack anytime. Drink 1-4 servings daily, or as needed to satisfy your personal protein intake requirements.

**Nutrition:** Cellucor COR-Performance® Whey Protein is best used as part of a well-balanced diet that includes whole foods and other protein sources. Individual nutritional requirements vary depending on gender, body weight, level of activity and exercise/training intensity.

**Mix it Up:** Cellucor COR-Performance® Whey Protein can be used for more than just protein shakes. Try adding a scoop into oatmeal, yogurt, pancakes, and other baked good recipes. Visit [www.cellucor.com/recipes](http://www.cellucor.com/recipes) for more tips and inspiration.

**Notice:** Use this product as a food supplement only. Do not use this for weight reduction. Keep out of reach of children. Store in a cool, dry place.

\*Based off typical amino acid profile103832



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# WHEY

COR-PERFORMANCE® WHEY

24g  
PROTEIN

120  
CALORIES

5.25g  
Naturally Occurring BCAAs\*

GLUTEN FREE

PER SERVING

FAST DIGESTING WHEY PROTEIN  
WHEY PROTEIN ISOLATE PRIMARY SOURCE • DELICIOUS FLAVOR • MIXES EASILY

MOLTEN CHOCOLATE  
NATURALLY & ARTIFICIALLY FLAVORED

NET WT 941 g (2.07 lb)

28  
SERVINGS



COR-PERFORMANCE®  
SERIES

## Nutrition Facts

Serving size: 2 level scoops (33 g)  
Servings per container: 28

|                           | Amount Per Serving | % Daily Value** |
|---------------------------|--------------------|-----------------|
| <b>Calories</b>           | <b>120</b>         |                 |
| Calories from Fat         | 15                 |                 |
| <b>Total Fat</b>          | <b>1.5g</b>        | <b>2%</b>       |
| Saturated Fat             | 1g                 | 5%              |
| Trans Fat                 | 0g                 | 0%              |
| <b>Cholesterol</b>        | <b>35mg</b>        | <b>12%</b>      |
| <b>Sodium</b>             | <b>180mg</b>       | <b>8%</b>       |
| <b>Total Carbohydrate</b> | <b>3g</b>          | <b>1%</b>       |
| Dietary Fiber             | 1g                 | 4%              |
| Sugars                    | 2g                 |                 |
| <b>Protein</b>            | <b>24g</b>         |                 |

Vitamin A 0%      Vitamin C 2%  
Calcium 10%      Iron 8%

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    | Calories       | 2,000  | 2,500     |
|--------------------|----------------|--------|-----------|
| Total Fat          | Less Than      | 65g    | 80g       |
| Saturated Fat      | Less Than      | 20g    | 25g       |
| Cholesterol        | Less Than      | 300mg  | 300mg     |
| Sodium             | Less Than      | 2400mg | 2400mg    |
| Total Carbohydrate |                | 300g   | 375g      |
| Dietary Fiber      |                | 25g    | 30g       |
| Calories Per Gram  |                |        |           |
| Fat 9              | Carbohydrate 4 |        | Protein 4 |

**INGREDIENTS:** COR-Performance® Whey Protein Matrix (Whey Protein Isolate, Whey Protein Concentrate), Cocoa Powder (processed with alkali), Natural & Artificial Flavors, Cellulose Gum, Xanthan Gum, Salt, Protease, Acesulfame Potassium (Ace-K), Sucralose, Protease A-S, Lactase.

**ALLERGEN WARNING:** Contains Milk, Soy, GLUTEN-FREE. This product is manufactured on the same equipment that processes milk, egg, soy, wheat, peanut & tree nuts.

Made in the U.S.A. Using U.S. and Imported Ingredients and Components.

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