COR-PERFORMANCE® WHEY



120

GLUTEN FREE

PER SERVING

FAST DIGESTING WHEY PROTEIN

WHEY PROTEIN ISOLATE PRIMARY SOURCE . DELICIOUS FLAVOR · MIXES EASILY



NET WT 470 g (1 lb)







SUGGESTED USE:

Mix each serving (2 scoops) of COR-Performance® Whey Proteir in 5-6 fl. oz. of cold water or any beverage of choice one to two times daily.

MAXIMUM PERFORMANCE TIPS: Vary the amount of liquid to achieve desired consistency and flavor. Cellucor COR-Performance® Whey Protein can be used before workouts, after workouts, or as a quick and fit snack anytime. Drink 1-4 servings daily, or as needed to satisfy your personal protein intake requirements.

Nutrition: Cellucor COR-Performance® Whey Protein is best used as part of a well-balanced diet that includes whole foods and other protein sources. Individual nutritional requirements vary depending on gender, body weight, level of activity and exercise/training intensity.

Mix it Up: Cellucor COR-Performance® Whey Protein can be used for more than just protein shakes. Try adding a scoop into oatmeal, yogurt, pancakes, and other baked good recipes. Visit www.cellucor.com/recipes for more tips and inspiration.

Notice: Use this product as a food supplement only. Do not use this for weight reduction. Keep out of reach of children. Store in

Made in the U.S.A. Using U.S. and Imported Ingredients and Components.



Nutrition Facts Serving size: 2 level scoops (33 g) Springs per container: 14

	Amount Per	Serving	% Daily Value**
Calories		120	
Calories from	Fat	15	
Total Fat		1.5g	2%
Saturated Fat		1g	5%
Trans Fat		0g	0%
Cholesterol		35mg	12%
Sodium		180mg	8%
Total Carbohydr	ate	3g	1%
Dietary Fiber		1g	4%
Sugars		2g	
Protein		24g	
Vitamin A 0%		Vitamir	n C 2%
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Vitamin A 0%	es are based o r or lower depe	Vitamir Iron 8% n a 2.000 cal	orie diet. Your daily
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Vitamin A 0% Calcium 10% **Percent Daily Valu values may be highe Total Fat Saturated Fat Cholesterol	r or lower depe Calories Less Than Less Than Less Than	Vitamir Iron 8% n a 2.000 cale nding on your 2,000 65g 20g 300mg	orie diet. Your daily r calorie needs: 2,500 80g 25g 300mg
Vitamin A 0% Calcium 10% **Percent Daily Valu values may be highe Total Fat Saturated Fat Cholesterol Sodium	r or lower depe Calories Less Than Less Than Less Than Less Than	Vitamir Iron 8% n a 2.000 cale nding on your 2,000 65g 20g 300mg 2400mg	orie diet. Your daily r calorie needs: 2,500 80g 25g 300mg 2400mg
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