## SUGGESTED USE:

Mix each serving (2 scoops) of COR-Performance® Whey Protein in 5-6 fl. oz. of cold water or any beverage of choice one to

# **MAXIMUM PERFORMANCE TIPS:**

Vary the amount of liquid to achieve desired consistency and flavor. Cellucor COR-Performance® Whey Protein can be used before workouts, after workouts, or as a quick and fit snack anytime. Drink 1-4 servings daily, or as needed to satisfy your personal protein intake requirements.

Nutrition: Cellucor COR-Performance® Whey Protein is best used as part of a well-balanced diet that includes whole foods and other protein sources. Individual nutritional requirements vary depending on gender, body weight, level of activity and exercise/training intensity.

Mix it Up: Cellucor COR-Performance® Whey Protein can be used for more than just protein shakes. Try adding a scoop into oatmeal, yogurt, pancakes, and other baked good recipes. Visit www.cellucor.com/recipes for more tips and inspiration.

Notice: Use this product as a food supplement only. Do not use this for weight reduction. Keep out of reach of children. Store in a cool, dry place.



# COR-PERFORMANCE® WHEY

**24**g

120

**GLUTEN FREE** 

PER SERVING

# FAST DIGESTING WHEY PROTEIN

WHEY PROTEIN ISOLATE PRIMARY SOURCE · DELICIOUS FLAVOR · MIXES EASILY

**CINNAMON SWIRL** NATURALLY & ARTIFICIALLY FLAVORED

NET WT 2282 g (5.03 lb)







Cellucor®, COR-Performance®, COR-Performance Series® and TruFacts® are trademarks of and distributed by:

Nutrition Facts
Serving size: 2 level scoops (32 g)
Servings per container: 70

Calories from Fat

Total Fat

Trans Fat

Vitamin A 0%

Calories Per Gram

Saturated Fat

Amount Per Serving % Daily Value\*\* 120

10

1.5g

35mg 140mg

Vitamin C 2% Iron 2%

25g

Protein 4

\*\*Percent Daily Values are based on a 2.000 calorie diet. Your daily

values may be higher or lower depending on your calorie needs:

Less Than

Less Than

Less Than

solate, Whey Protein Concentrate), Natural & Artificial Flavors, Cellulose

Gum. Xanthan Gum. Salt. Protease. Cocoa Powder (processed with alkal Acesulfame Potassium (Ace-K), Sucralose, Protease A-S, Lactase. ALLERGEN WARNING: Contains Milk. Sov. GLUTEN-FREE. This product is manufacture

on the same equipment that processes milk, egg, soy, wheat, peanut and tree nuts. Made in the U.S.A. Using U.S. and Imported Ingredients and Components



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CALORIES

Naturally Occurring BCAAs'





