

CHILD RESISTANT CAP  
Do not use this product if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.

With Calcium, Vitamin K and the latest<sup>1</sup> recommended level of Vitamin D to support bone health\*

Children's Multivitamin Supplement

Pediatricians' **#1** Choice  
Children's Chewable Vitamin Brand

**FLINTSTONES**<sup>TM</sup>  
**COMPLETE**



60 CHEWABLE TABLETS



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\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: Under adult supervision product should be fully chewed or crushed. Children 2 & 3 years of age: Fully chew one-half tablet daily, with food. Adults and children 4 years of age and older: Fully chew one tablet daily, with food.

### Supplement Facts

Serving Size: ½ tablet (2 & 3 years of age); 1 tablet (4 years of age and older)

Servings Per Container: 120; 60

Amount Per Tablet	% Daily Value for Children 2 & 3 Years of Age (% Tablet)	% Daily Value for Adults and Children 4 Years of Age and older (1 Tablet)
Total Carbohydrate < 1 g	**	< 1%*
Vitamin A 3000 IU (33% as beta-carotene)	60%	60%
Vitamin C 60 mg	75%	100%
Vitamin D 600 IU	75%	150%
Vitamin E 30 IU	150%	100%
Vitamin K 55 mcg	**	69%
Thiamin (B <sub>1</sub> ) 1.5 mg	107%	100%
Riboflavin (B <sub>2</sub> ) 1.7 mg	106%	100%
Niacin 15 mg	83%	75%
Vitamin B <sub>6</sub> 2 mg	143%	100%
Folic Acid 400 mcg	100%	100%

Amount Per Tablet	% Daily Value for Children 2 & 3 Years of Age (% Tablet)	% Daily Value for Adults and Children 4 Years of Age and older (1 Tablet)
Vitamin B <sub>12</sub> 6 mcg	100%	100%
Biotin 40 mcg	13%	13%
Pantothenic Acid 10 mg	100%	100%
Calcium (elemental) 100 mg	6%	10%
Iron 18 mg	90%	100%
Iodine 150 mcg	107%	100%
Zinc 12 mg	75%	80%
Copper 2 mg	100%	100%
Sodium 10 mg	**	< 1%

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

See accompanying packaging for complete product information.

Contains: Soy.

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store at room temperature. Avoid excessive heat above 40°C (104°F).

**KEEP OUT OF REACH OF CHILDREN**

Not for children under 2 years of age. Questions or comments?

Please call 1-800-800-4793  
(Mon - Fri 9AM - 5PM EST)

THE FLINTSTONES: TM & © Hanna-Barbera.  
(s15)

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Exp. Date and Lot No. →

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