# COR-PERFORMANCE® WHEY



120 CALORIES

5.25g
Naturally Occurring BCAAs\*

**GLUTEN FREE** 

PER SERVING

# FAST DIGESTING WHEY PROTEIL

WHEY PROTEIN ISOLATE PRIMARY SOURCE . DELICIOUS FLAVOR • MIXES EASILY

CINNAMON SWIRL
NATURALLY & ARTIFICIALLY FLAVORED

NET WT 456 g (1 lb)



SERVINGS



# SUGGESTED USE:

Mix each serving (2 scoops) of COR-Performance® Whey Protein in 5-6 fl. oz. of cold water or any beverage of choice one to two times daily.

MAXIMUM PERFORMANCE TIPS: Vary the amount of liquid to achieve desired consistency and flavor. Cellucor COR-Performance® Whey Protein can be used before workouts, after workouts, or as a quick and fit snack anytime. Drink 1-4 servings daily, or as needed to satisfy your personal protein intake requirements.

Nutrition: Cellucor COR-Performance® Whey Protein is best used as part of a well-balanced diet that includes whole foods and other protein sources. Individual nutritional requirements vary depending on gender, body weight, level of activity and exercise/training intensity.

Mix it Up: Cellucor COR-Performance® Whey Protein can be used for more than just protein shakes. Try adding a scoop into oatmeal, yogurt, pancakes, and other baked good recipes. Visit www.cellucor.com/recipes for more tips and inspiration.

Notice: Use this product as a food supplement only. Do not use this for weight reduction. Keep out of reach of children. Store in a cool, dry place.

Made in the U.S.A. Using U.S. and Imported Ingredients and Components.



# Nutrition Facts Serving size: 2 level scoops (32 g) Servings per container: 14

	Amount Per	Serving	% Daily Value**
Calories		120	
Calories from	Fat	10	
Total Fat		1.5g	2%
Saturated Fat		0.5g	3%
Trans Fat		0g	0%
Cholesterol		35mg	12%
Sodium		140mg	6%
Total Carbohydra	ate	4g	1%
Dietary Fiber		0g	0%
Sugars		3g	
Protein		24g	
Vitamin A 0%	Vitamin C 2%		
Calcium 10%		Iron 29	6
**Percent Daily Values are based on a 2.000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2400mg	2400mg



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