

130

**GLUTEN FREE** 

PER SERVING

# FAST DIGESTING WHEY PROTEIN

WHEY PROTEIN ISOLATE PRIMARY SOURCE .



DELICIOUS FLAVOR · MIXES EASILY

NET WT 456 g (1 lb)







### SUGGESTED USE:

Mix each serving (2 scoops) of COR-Performance® Whey Protein in 5-6 fl. oz. of cold water or any beverage of choice one to two

## MAXIMUM PERFORMANCE TIPS: Vary the amount of liquid to achieve desired consistency and flavor. Cellucor COR-Performance® Whey Protein can be used

before workouts, after workouts, or as a quick and fit snack anytime. Drink 1-4 servings daily, or as needed to satisfy your personal protein intake requirements. Nutrition: Cellucor COR-Performance® Whey Protein is best

used as part of a well-balanced diet that includes whole foods and other protein sources. Individual nutritional requirements vary depending on gender, body weight, level of activity and exercise/training intensity.

Mix it Up: Cellucor COR-Performance® Whey Protein can be used for more than just protein shakes. Try adding a scoop into oatmeal, yogurt, pancakes, and other baked good recipes. Visit www.cellucor.com/recipes for more tips and inspiration.

**Notice:** Use this product as a food supplement only. Do not use this for weight reduction. Keep out of reach of children. Store in a cool, dry place.

Made in the U.S.A. Using U.S. and Imported Ingredients and Components.



### Nutrition Facts Serving size: 2 level scoops (36 g)

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|---|----------------------|---------|-----------------|--|
|   | Amount Per           | Serving | % Daily Value** |  |
| Calories  |                      | 130     |                 |  |
| Calories from   | Fat                  | 15      |                 |  |
| Total Fat   |                      | 2g      | 3%              |  |
| Saturated Fat   |                      | 1g      | 5%              |  |
| Trans Fat   |                      | 0g      | 0%              |  |
| Cholesterol   |                      | 35mg    | 12%             |  |
| Sodium  |                      | 180mg   | 8%              |  |
| Total Carbohydra  | ate                  | 4g      | 1%              |  |
| Dietary Fiber   |                      | 1g      | 4%              |  |
| Sugars  |                      | 2g      |                 |  |
| Protein   |                      | 25g     |                 |  |
| Vitamin A 0%  |                      | Vitamir | ı C 2%          |  |
| Calcium 10%   | Iron 8%              |         |                 |  |
| **Percent Daily Values are based on a 2.000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: |                      |         |                 |  |
|   | Calories             | 2,000   | 2,500           |  |
| Total Fat   | Less Than            | 65g     | 80g             |  |
| Saturated Fat   | Less Than            | 20g     | 25g             |  |
| Cholesterol   | Less Than            | 300mg   | 300mg           |  |
| Sodium  | Less Than            | 2400mg  | 2400mg          |  |
| Total Carbohydrate  |                      | 300g    | 375g            |  |
| Dietary Fiber   |                      | 25g     | 30g             |  |
| Calories Per Gram   |                      |         |                 |  |
| Fat Q Car   | Fat Q Carbobydrate 4 |         | Protein /       |  |

der (processed with alkali), Natural & Artificial Havors, Peanut Flour, Cellul<u>ose Gurn, Xanthan Gurn</u>,

ce Series® and TruFacts®





