

SUGGESTED USE:
Mix each serving (2 scoops) of COR-Performance® Whey Protein in 5-6 fl. oz. of cold water or any beverage of choice one to two times daily.

MAXIMUM PERFORMANCE TIPS:
Vary the amount of liquid to achieve desired consistency and flavor. Cellucor COR-Performance® Whey Protein can be used before workouts, after workouts, or as a quick and fit snack anytime. Drink 1-4 servings daily, or as needed to satisfy your personal protein intake requirements.

Nutrition: Cellucor COR-Performance® Whey Protein is best used as part of a well-balanced diet that includes whole foods and other protein sources. Individual nutritional requirements vary depending on gender, body weight, level of activity and exercise/training intensity.

Mix it Up: Cellucor COR-Performance® Whey Protein can be used for more than just protein shakes. Try adding a scoop into oatmeal, yogurt, pancakes, and other baked good recipes. Visit www.cellucor.com/recipes for more tips and inspiration.

Notice: Use this product as a food supplement only. Do not use this for weight reduction. Keep out of reach of children. Store in a cool, dry place.

*Based off typical amino acid profile 103359



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WHEY

COR-PERFORMANCE® WHEY

24g
PROTEIN

130
CALORIES

5.25g
Naturally Occurring BCAAs*

GLUTEN FREE

PER SERVING

FAST DIGESTING WHEY PROTEIN
WHEY PROTEIN ISOLATE PRIMARY SOURCE • DELICIOUS FLAVOR • MIXES EASILY



NET WT 941 g (2.07 lb)

28
SERVINGS



Nutrition Facts

Serving size: 2 level scoops (34 g)
Servings per container: 28

	Amount Per Serving	% Daily Value**
Calories	130	
Calories from Fat	10	
Total Fat	1.5g	2%
Saturated Fat	0.5g	3%
Trans Fat	0g	0%
Cholesterol	35mg	12%
Sodium	160mg	7%
Total Carbohydrate	5g	2%
Dietary Fiber	0g	0%
Sugars	3g	
Protein	24g	

Vitamin A 0% Vitamin C 2%
Calcium 10% Iron 4%

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories Per Gram			
Fat 9	Carbohydrate 4	Protein 4	

INGREDIENTS: COR-Performance® Whey Protein Matrix (Whey Protein Isolate, Whey Protein Concentrate), Natural & Artificial Flavor, Cookie Bliss (Sugar, Rice Flour, Cocoa (processed with alkali), Sunflower Oil, Salt), Cellulose Gum, Xanthan Gum, Salt (Sodium Chloride), Cocoa Powder (processed with alkali), Protease, Sucralose, Acesulfame Potassium (Ace-K), Protease A-S, Lactase.

ALLERGEN WARNING: Contains: Milk, Soy. This product is manufactured on the same equipment that processes milk, egg, soy, wheat, peanut & tree nuts.

Made in the U.S.A. Using U.S. and Imported Ingredients and Components.

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