If it's on our labels, then it's in our bottles. A premium nighttime protein for extended

Proven Ingredients. Proven Doses, Clinical Quality. Real Science. Real Results.

BEYOND RAW

ISO-CASEIN P.M.

PREMIUM SLOW-DIGESTING NATIVE MICELLAR CASEIN & RESTFUL SLEEP SUPPORT*

VANILLA









Suntheanine'



KEEP OUT OF Store in a cool, dry place. For More Information: 1-888-462-2548

General Nutrition Corporation Pittsburgh, PA 15222 USA

25 SERVINGS

DIETARY SUPPLEMENT

NET WT 34.22 OZ (2.14 LB) 970 G

DIRECTIONS: As a dietary supplement, mix one level scoop with 10 ft, oz. of cold water 30-45 minutes

Supplement Facts Servings Per Container 25

| Amount Per Serving | | % Daily Value |
|----------------------------------------------------------------------------------------------------------|-------------------|---------------|
| Calories | 120 | |
| Total Fat | 0.5 g | 196† |
| Cholesterol | 25 mg | 8% |
| Total Carbohydrate | 4 g | 1%† |
| Total Sugars | 2 g | |
| Protein | 25 g | |
| Calcium | 650 mg | 50% |
| Sodium | 190 mg | 8% |
| Potassium | 100 mg | 2% |
| | | |
| BCAA | 5.5 g | |
| L-Leucine (as Micellar Casein Isolate and L-Leucine) | 2.7 g | |
| L-Valine (as Micellar Casein Isolate) | 1.5 g | |
| L-Isoleucine (as Micellar Casein Isolate) | 1.3 g | |
| Relaxation & Restful Sleep | 10.5 g | |
| Glutamic Acid & Glutamine (as Micellar Casein Isolate and | L-Glutamine) 10 g | |
| Tryptophan (as Micellar Casein Isolate) | 300 mg | |
| Suntheanine® L-Theanine | 200 mg | |
| Melatonin | 3 mg | |
| Digestive Enzymes | 256.7 mg | |
| ProHydrolase® Protease Enzyme Blend (Proteases from Bacillus subtilis and Ananas comosus)(87,500 HUT) | 250 mg | |
| Lactase | 6.7 mg | |
| † Percent Daily Values are based on a 2,000 calorie diet. Daily Value not established. | | |

OTHER INGREDIENTS: Native Micellar Casein Isolate, Natural and Artificial Flavors, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sodium Chloride, Sucralose, Acesulfame Potassium, Trisodium Citrate Dihydrate, Tripotassium Citrate, Rice Dextrin, Silicon Dioxide.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when criving a vehicle, or white operating machinery.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product

ProHydrolase[®] is a trademark of Deerland Enzymes, Inc. Suntheanine® is a registered trademark of Talyo International, Inc.