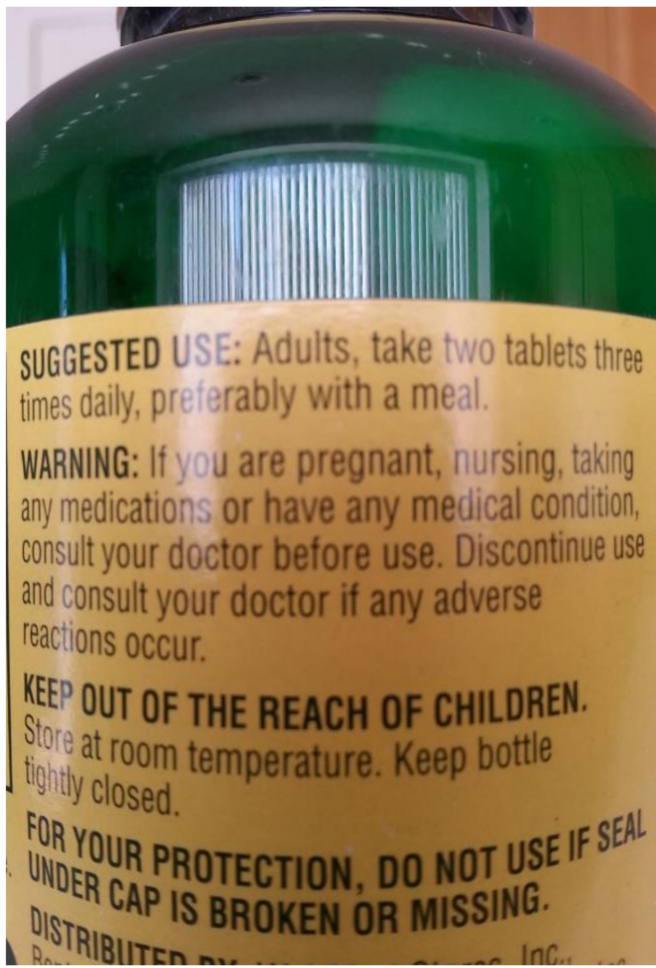
SPRING VALLEY
WHOLE HERB
Alfalfa
650 mg PER TABLET
GENERAL WELLNESS*
DIETARY SUPPLEMENT
300 TABLETS

Supplement Facts
Serving Size 2 Tablets
Servings Per Container 150
Amount Per Serving
% Daily Value
Alfalfa (Medicago sativa) (leaf)
1.3 g (1,300 mg) †
†Daily Value not established.
OTHER INGREDIENTS: Cellulose (Plant Origin), Croscarmellose.
Contains <2% of: Calcium Silicate, Vegetable Magnesium Stearate.
No Yeast, No Milk or Milk Derivatives, No Lactose, No Sugar, No Preservatives, No Soy, No Artificial Color, No Artificial Flavor, No Sodium (less than 5 mg per serving), No Chemical Solvents
Alfalfa is a member of the "green" foods category and contains important plant nutrients for nutritional wellness.*
*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.


SUGGESTED USE: Adults, take two tablets three times daily, preferably with a meal.
WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.
KEEP OUT OF THE REACH OF CHILDREN.
Store at room temperature. Keep bottle tightly closed.
FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.