

FOR YOUR PROTECTION, DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

655913



# SPRING VALLEY™

Vitamin

# B<sup>1</sup>

250 mg

## METABOLISM SUPPORT\*

DIETARY SUPPLEMENT

100 TABLETS

### Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Thiamine 250 mg	16667%
Calcium 102 mg	10%

**INGREDIENTS:** Thiamine Mononitrate, Calcium Carbonate, Microcrystalline Cellulose, Croscarmellose Sodium, Titanium Dioxide, Hydroxypropyl Methylcellulose, Magnesium Stearate, Polyvinyl Alcohol, Silicon Dioxide, Polyethylene Glycol, Polydextrose, Talc. **May Contain:** Starch.

**NO** Gluten, Artificial Dyes or Flavors, Sugar, Lactose, Trans Fat

Vitamin B1 (thiamine) supports healthy energy metabolism and nervous system health.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**SUGGESTED USE:** Adults, take one tablet daily, preferably with a meal.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN.**

Store at room temperature 59°-86°F (15°-30°C). Keep bottle tightly closed.

**QUALITY GUARANTEED**

For questions or comments call 1-866-251-1662.

**DISTRIBUTED BY:**  
Wal-Mart Stores, Inc.,  
Bentonville, AR 72716  
Walmart.com/springvalley

FRESHNESS AND POTENCY GUARANTEED THROUGH:

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