

**CONSUMPTION INSTRUCTIONS:**  
 Consume one bottle (10 fl. oz.) of C4® ON THE GO 20-30 minutes before dominating exercise... and life. Some individuals may experience a harmless tingling sensation, which is attributed to beta alanine.

**WARNING:**  
 THIS PRODUCT IS ONLY INTENDED TO BE CONSUMED BY HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use this product if you are pregnant, nursing, or are currently taking nitrate for chest pain or if you are taking medication used to treat erectile dysfunction such as PDE-5 inhibitors. Before using this product, consult a licensed, qualified, health care professional, including but not limited to, if you are taking antidepressants such as a MAOI (Monoamine Oxidase Inhibitor) or SSRI, blood thinners, nonsteroidal anti-inflammatory drugs, pseudoephedrine, or you are taking any other dietary supplement, prescription drug or over-the-counter medication; or if you suspect you have or have been treated for, diagnosed with or have a family history of, any medical condition, including but not limited to high or low blood pressure, diabetes, glaucoma, anxiety, cardiovascular, psychiatric or seizure disorders, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, or difficulty urinating due to prostate enlargement. This product contains caffeine and should not be used by individuals wishing to eliminate caffeine from their diet or in combination with caffeine or stimulants from other sources, including but not limited to coffee, tea, soda, or other dietary supplements and medications. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use if safety seal is broken or missing. Store in a cool dry place. Do not Freeze. KEEP OUT OF REACH OF CHILDREN.

**Supplement Facts**  
 Serving Size: 1 bottle (10 fl. oz.)  
 Servings Per Case: 12

	Amount Per Serving	% DV
Calories	0	
Total Carbohydrate	2g	<1%*
Sugars	0g	†
Niacin (as Niacinamide)	65mg	325%
Vitamin B6 (as Pyridoxal-5-Phosphate)	650mcg	33%
Folic Acid	325mcg	81%
Vitamin B12 (as Methylcobalamin)	45.5mcg	758%
Explosive Energy Blend	3950mg	†
CarnoSyn® Beta-Alanine, Arginine Nitrate (NO3-18), Caffeine Anhydrous (200mg), N-Acetyl-L-Tyrosine		

\*Percent Daily Values (% DV) are based on a 2,000 calorie diet.  
 † Daily Value not established.

Other Ingredients: Water, Natural and Artificial Flavors, Citric Acid, Sucralose, Acesulfame Potassium, FD&C Red #40

Made in the U.S.A. using U.S. and Imported Ingredients and Components.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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 M3-1.com/patents  
 Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.  
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**CELLUCOR**

**C4**

**ON THE GO**

**EXPLOSIVE ENERGY AND PERFORMANCE**  
 DIETARY SUPPLEMENT

**12 PACK**

**0g Sugar**

**200mg Caffeine**

**CHERRY LIMEADE**  
 NATURALLY & ARTIFICIALLY FLAVORED

12 - 10 fl oz BOTTLES (120 fl oz) / 12 - 295 mL BOTTLES (3.54 L)

**C4**  
**ON THE GO**

**12 PACK**

**EXPLOSIVE ENERGY AND PERFORMANCE**  
**0g Sugar**  
**200mg Caffeine**

