

Cooper Complete® Nutritional Supplements

Physician Formulated

Healthy Body Pack

Comprehensive Multivitamin & Mineral Supplement +
High Potency Omega-3 Fatty Acids

30 Individually-Wrapped Daily Packets | 30 Servings

Supplement Facts

Serving Size 1 packet (2 softgels, 1 tablet)
Servings Per Container 30

	Amount Per Serving	%Daily Value
Calories	25	
Calories from Fat	20	
Total Fat	2.5 g	4%*
Polyunsaturated Fat	1.5 g	1
Cholesterol	<5 mg	<2%†
Vitamin A (as beta carotene)	2,000 IU	40%
Vitamin C (as ascorbic acid)	150 mg	250%
Vitamin D (as cholecalciferol)	2,000 IU	500%
Vitamin E (as d-alpha-tocopheryl succinate)	200 IU	667%
Thiamine (as thiamine HCl)	1.5 mg	100%
Riboflavin	2 mg	118%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	10 mg	500%
Folic Acid (as (6S)-5-methyltetrahydrofolic acid, glucosamine salt) (Quatrefolic®)	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	400 mcg	6,667%
Pantothenic Acid (as calcium-D-pantothenate)	10 mg	100%
Magnesium (as magnesium oxide)	200 mg	50%
Zinc (as zinc amino acid chelate)	15 mg	100%
Selenium (as selenium amino acid chelate)	100 mcg	143%
Chromium (as chromium amino acid chelate)	100 mcg	83%
Lycopene (10% lycopene)	5 mg	†
Omega-3 Fatty Acids	1,400 mg	†
EPA (eicosapentaenoic acid)	720 mg	†
DHA (docosahexaenoic acid)	480 mg	†
Additional Omega-3 Fatty Acids	200 mg	†

*Percent Daily Values based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Highly refined and concentrated omega-3 fish oil (anchovy, sardine, mackerel), capsule shell (gelatin, glycerin, purified water), natural lemon flavor, proprietary antioxidant blend (consisting of natural tocopherols (soy), rosemary extract, and ascorbyl palmitate), microcrystalline cellulose, hydroxypropyl methylcellulose, stearic acid (vegetable source), croscarmellose sodium, magnesium stearate (vegetable source), silicon dioxide, titanium dioxide, glycerin, natural caramel (color), hydroxypropyl cellulose, riboflavin (color), natural vanilla (flavor).

Contains: Soy

Suggested Usage: As a dietary supplement, adults take 1 packet daily with a meal or as directed by your health care professional. Each packet contains 1 multivitamin and mineral supplement and 2 omega-3 softgels.

This product contains NO gluten, milk/dairy or eggs.

Quatrefolic® is a licensed registered trademark of Gnosis USA Inc.

This formulation is molecularly distilled to remove contaminants including heavy metals (arsenic, cadmium, lead and mercury), dioxins and PCBs. No-fish taste; guaranteed burp-free. Delivers a combined 1,200 mg of EPA/DHA.

KEEP OUT OF REACH OF CHILDREN. For optimal storage conditions, store in a cool, dry place. (59°-77°/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Product of USA
Formula #906684

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