

Cooper Complete® Nutritional Supplements

Physician Formulated

Original With Iron

Multivitamin and Mineral Supplement

240 Tablets | 30 Servings

NEW
SMALLER
TABLETS

Supplement Facts

Serving Size 8 tablets • Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	3,000 IU	60%
Vitamin C (as ascorbic acid)	500 mg	833%
Vitamin D (as cholecalciferol)	2,000 IU	400%
Vitamin E (as d-alpha-tocopheryl succinate)	200 IU	400%
Vitamin K (as phytonadione)	25 mcg	51%
Thiamine (as thiamine HCl)	3 mg	200%
Riboflavin	10 mg	500%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	10 mg	500%
Folic Acid (as [5R]-5-methyltetrahydrofolic acid, glucosamine salt) (Quatrefolic®)	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	400 mcg	6,667%
Biotin (as d-biotin)	200 mcg	100%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Iron (as carbonyl iron)	18 mg	100%
Phosphorus (as potassium phosphate)	160 mg	16%
Iodine (from kelp)	150 mcg	100%
Magnesium (as magnesium amino acid chelate)	400 mg	100%
Zinc (as zinc amino acid chelate)	15 mg	100%
Selenium (as selenium amino acid chelate)	100 mcg	143%
Copper (as copper gluconate)	2 mg	100%
Chromium (as chromium amino acid chelate)	100 mcg	80%
Potassium (as potassium phosphate)	400 mg	11%
Coenzyme Q10 (ubiquinone)	50 mg	1
Lycopene (10% lycopene)	10 mg	1
Lutein (as FloraGLO®) (marigold flowers)	6 mg	1
Zeaxanthin	3.4 mg	1

*Daily Value not established.

Other Ingredients: Cellulose, stearic acid (vegetable source), silicon dioxide, cellulose gum, magnesium stearate (vegetable source), titanium dioxide, glycerin, natural caramel (color), riboflavin (color), carnation wax, natural vanilla flavor.

Suggested Usage: As a dietary supplement, adults take 8 tablets daily (4 twice daily with meals) or as directed by your health care professional.

Easy to swallow with natural vanilla flavored coating.

This product contains NO milk/dairy or added preservatives.



FloraGLO® is a registered trademark of Kemin Industries, Inc.

Quatrefolic® is a licensed registered trademark of Gnosis USA Inc.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Warning: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of those drugs.

KEEP OUT OF REACH OF CHILDREN. For optimal storage conditions, store in a cool, dry place (59°-77°F/15°-25°C) (35-65% relative humidity). Tamper resistant package, do not use if outer seal is missing.

Manufactured for: Cooper Concepts, Inc.
A Cooper Aesthetics Company
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Formula 8906492
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