

CODE 364320

DIRECTIONS: As a dietary supplement, add one packet (46.2 grams) to 8 fl. oz. of cold water, mix well, and enjoy 30 minutes prior to exercise. For additional appetite support, add GNC Total Lean™ Advanced Control & Reduce directly to your shake for high-fiber, clinically proven support.

GPG

Supplement Facts

Serving Size One Packet (46.2 g)
Servings Per Container 6

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	170	Magnesium	100 mg 25%
Calories from Fat	5	(as dMagnesium Phosphate & Magnesium Oxide)	
Total Fat	0.5 g 1%†	Zinc (as Zinc Oxide)	3.75 mg 25%
Cholesterol	< 5 mg 0%	Selenium (as Sodium Selenite)	17.5 mcg 25%
Total Carbohydrates	11 g 4%†	Copper (as Copper Citrate)	0.5 mg 25%
Dietary Fiber	5 g 20%†	Manganese	0.5 mg 25%
Soluble Fiber	5 g *	(as Manganese Sulfate)	
Sugars	2 g *	Chromium	30 mcg 25%
Protein	30 g	(as Chromium Chloride)	
Vitamin A (as Vitamin A Acetate)	1250 IU 25%	Molybdenum	18.75 mcg 25%
Vitamin C (as Sodium Ascorbate)	15 mg 25%	(as Sodium Molybdate)	
Vitamin D (as Cholecalciferol D-3)	100 IU 25%	Sodium	140 mg 6%
Vitamin E	7.5 IU 25%	Potassium	420 mg 12%
(as d-alpha Tocopheryl Acetate)		(as dPotassium Phosphate)	
Thiamin	0.375 mg 25%	Lean Muscle Recovery Blend	
(as Thiamin Hydrochloride)		L-Carnitine	250 mg *
Riboflavin	0.43 mg 25%	(as L-Carnitine L-Tartrate)	
Niacin (as Niacinamide)	20 mg 100%	BioCore® Edge	100 mg *
Vitamin B-6	0.5 mg 25%	Sicilian Blood Orange Fruit & Peel Extract (Citrus sinensis)	50 mg *
(as Pyridoxine Hydrochloride)		Lutemax 2020™ Lutein	1 mg *
Folic Acid	100 mcg 25%	High-Energy Thermogenic Blend	
Vitamin B-12	1.5 mcg 25%	Caffeine	200 mg *
(as Cyanocobalamin)		(as Caffeine Anhydrous)	
Biotin	75 mcg 25%	Capimax™ Fruit Extract	33.34 mg *
Pantothenic Acid	2.5 mg 25%	(Capricorn anisatus)	
(as Calcium d-Pantothenate)		Piperine	5 mg *
Calcium (as Calcium Carbonate)	280 mg 25%	(Piper nigrum)(from Black Pepper Extract)	
Phosphorus	250 mg 25%		
(as dMagnesium & dPotassium Phosphate)			
Iodine (as Potassium Iodide)	37.5 mcg 25%		

OTHER INGREDIENTS: Whey Protein Isolate, Sunfiber® Partially Hydrolyzed Guar Gum, Natural & Artificial Flavors, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Lecithin, Acesulfame Potassium, Sucralose.

CONTAINS: Milk and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling may occur.

GNC

TOTAL LEAN™
ADVANCED

LEAN SHAKE™ BURN

DIETARY SUPPLEMENT

HIGH-ENERGY, CALORIE-BURNING
WHEY PROTEIN

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KEEP OUT OF REACH
OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

BALANCED
NUTRITION
HIGH-ENERGY
THERMOGENIC

3X MORE
BURN
CLINICALLY PROVEN
TO BURN 3 TIMES
MORE CALORIES!

30G HIGH
QUALITY
PROTEIN
FOR LEAN
MUSCLE!



VANILLA CRÈME
Natural & Artificial Flavors



GLUTEN FREE

6 PACKETS - NET WT 9.78 OZ (277.2 g)

Lean Shake™ Burn –
Losing Never Felt This Good!™

Lean Shake™ Burn is a delicious protein with a clinically studied blend shown to burn 3X more calories and supercharge your metabolism for fast, energizing results.** This advanced formula features 30 grams of ultra-pure whey protein isolate for lean muscle performance and recovery. With just 11 grams of total carbohydrates per serving, Lean Shake™ Burn is also suitable for low carb diets.* Stimulate your mind and body, jumpstart your day and fuel fat-burning workouts with this calorie-burning, protein complex scientifically formulated to deliver an invigorating rush of energy.* Combine Lean Shake™ Burn with the Total Lean™ Advanced Body Toning System to revitalize your weight management efforts and put you on track toward a toned and defined body. To get your own personalized meal and exercise program, visit GNC.com/TotalLeanAdvanced today!