

DIETARY SUPPLEMENT

Suggested Usage: Children ages 4-12: 1 tablet, 1-2 times per day or as directed by a health professional.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Note: % Daily Values are for children aged 4 years and older.

Big Friends® Children's Chewable Multi provides children with a complete, balanced spectrum of nutrients essential to maintaining optimal health.* Big Friends® dinosaur shaped tablets are naturally sweetened, making them a delicious and healthy way to fortify your child's daily diet with important vitamins and minerals.

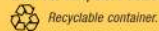
All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

Contains no artificial sweeteners; no dairy, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS,
1111-80th St. SW, Ste. 100
Everett WA, USA 98203



**Purity & Potency
Guaranteed**

LOT & EXPIRY 1.3125x.25
Single Line

**natural
Factors**

Children's Chewable Multi Vitamin



COMPLETE NUTRITIONAL SUPPORT FOR CHILDREN*

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	10		Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Total Carbohydrate	2 g	<1%**	Calcium (as calcium citrate)	65 mg	6%
Sugars	2 g	†	Iron (as ferrous fumarate)	5 mg	30%
Vitamin A (100% as beta carotene)	5000 IU	100%	Magnesium (as magnesium oxide)	25 mg	6%
Vitamin C (as sodium ascorbate and ascorbic acid)	100 mg	167%	Zinc (as zinc citrate)	2 mg	15%
Vitamin D (as cholecalciferol)	400 IU	100%	Manganese (as manganese gluconate)	1 mg	50%
Vitamin E (as d-alpha tocopheryl acid succinate)	20 IU	67%	Potassium (as potassium citrate)	5 mg	<1%
Thiamin (as thiamin mononitrate)	5 mg	333%	Inositol	5 mg	†
Riboflavin	5 mg	294%	Para-Aminobenzoic Acid	5 mg	†
Niacin (as niacinamide)	10 mg	50%	Stevia Leaf Powder	3 mg	†
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%	Choline (as choline bitartrate)	2 mg	†
Folate	200 mcg	50%			
Vitamin B12 (as cyanocobalamin)	10 mcg	167%			
Biotin	10 mcg	3%			

Other Ingredients: Dextrose, 100% pure fructose powder, citric acid, mixed natural fruit flavors (blueberry, raspberry, peach), magnesium stearate (vegetable grade), red cabbage powder, citrus bioflavonoid. Contains soybeans.

