

**CELLUCOR**<sup>®</sup>



# C4<sup>®</sup>

## RIPPED

**PRE-WORKOUT  
EXPLOSIVE ENERGY  
AND CUTTING FORMULA\***

**CHERRY LIMEADE**  
NATURALLY FLAVORED

DIETARY SUPPLEMENT  
NET WT. 30g (1.05 oz.)

**5**  
SERVINGS

### SUPPLEMENT FACTS

Serving Size: 1 scoop (6g)  
Servings Per Container: 5

	Amount Per Serving	% DV
Vitamin C (as Ascorbic Acid)	250mg	417%
Niacin (as Niacinamide)	30mg	150%
Vitamin B6 (as Pyridoxal-5-Phosphate)	500mcg	25%
Folic Acid	250mcg	62%
Vitamin B12 (as Methylcobalamin)	35mcg	583%
Calcium	28mg	3%
Beta Alanine	1.6g	†
Arginine AKG	1g	†
C4 <sup>®</sup> Ripped Blend	1g	†
L-Carnitine Tartrate, Green Coffee bean extract (standardized for Chlorogenic Acids), Capsimax <sup>®</sup> Cayenne ( <i>Capsicum annuum</i> ) fruit extract, <i>Coleus forskohlii</i> root extract		
Explosive Energy Blend	371mg	†
N-Acetyl-L-Tyrosine, Caffeine Anhydrous (150mg), Velvet Bean ( <i>Mucuna pruriens</i> ) seed extract (standardized for L-Dopa)		

† Daily Value not established.

Other Ingredients: Citric Acid, Malic Acid, Calcium Silicate, Silicon Dioxide, Natural Flavors, Sucralose, Acesulfame Potassium, FD&C Red Lake #40.

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Nutrabolt<sup>™</sup> 3891 S. Traditions Dr.  
Bryan, TX 77807  
1.866.927.9686 - www.cellucor.com

### SUGGESTED USE:

DO NOT EXCEED RECOMMENDED DAILY INTAKE. USE ONLY AS DIRECTED. Take one serving (1 scoop) of C4<sup>®</sup> Ripped, mixed with 6 fl. oz. of water 20-30 minutes before training. Once tolerance has been assessed and you are looking for an additional boost of energy, take one additional serving (1 scoop) with serving taken before training. DO NOT EXCEED 2 SCOOPS PER DAY. DO NOT USE THIS PRODUCT WITHIN 6 HOURS OF INGESTING ANY OTHER SOURCE OF CAFFEINE OR OTHER STIMULANTS. During your workout, it is recommended that you drink plenty of water or performance beverage such as Cellucor Alpha Amino<sup>®</sup> to stay hydrated. **Some individuals may experience a harmless tingling sensation, which is attributed to beta alanine.**

### WARNING:

THIS PRODUCT IS ONLY INTENDED TO BE CONSUMED BY HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use this product if you are pregnant or nursing. Before using this product, consult a licensed, qualified, health care professional, including but not limited to, if you are taking antidepressants such as a MAOI (Monoamine Oxidase Inhibitor) or SSRI, blood thinners, nonsteroidal anti-inflammatory drugs, pseudoephedrine, or you are taking any other dietary supplement, prescription drug or over-the-counter medication; or if, you suspect you have or have been treated for, diagnosed with or have a family history of, any medical condition, including but not limited to: high or low blood pressure, diabetes, glaucoma, anxiety, cardiovascular, psychiatric or seizure disorders, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, or difficulty urinating due to prostate enlargement. This product contains caffeine and should not be used by individuals wishing to eliminate caffeine from their diet or in combination with caffeine or stimulants from other sources, including but not limited to, coffee, tea, soda, or other dietary supplements and medications. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use if safety seal is broken or missing. Store in a cool dry place. KEEP OUT OF REACH OF CHILDREN.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.