

Suggested use:
One tablet daily. Can be
taken anytime, even
on an empty stomach.
**Not recommended for
use in children.**

Gluten free; 100% vegetarian;
no artificial flavors or colors.

Caution: As with any dietary supplement,
you should advise your healthcare
professional of the use of this product. If
you are taking medication, or are nursing,
pregnant, or considering pregnancy, you
should consult your healthcare professional
prior to using this product. Discontinue use
and contact your healthcare professional if
you experience a side effect or an allergic
reaction. Do not exceed suggested use.
Keep out of reach of children.

***This statement has not been
evaluated by the Food and
Drug Administration. This
product is not intended to
diagnose, treat, cure, or
prevent any disease.**

Please recycle this
bottle after use.

0645-D01

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ZINC FOOD COMPLEX

Whole-Food Cultured Zinc
Promotes Skin & Immune Health*
Can be taken on an empty stomach



60 Vegetarian Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving		%DV
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Zinc (as zinc oxide from culture media)	15 mg	100%
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Copper (as copper sulfate anhydrous from culture media)	1.5 mg	75%
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Cardio Support Blend	12 mg	•
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Organic Fenugreek (seed) from culture media,
Organic Oregano (leaf) from culture media, Grape Seed extract,
Organic Hawthorn (berry and seed) from culture media

Immune Support Blend (from culture media)	11.2 mg	•
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European Elder (berry) extract, Organic Eleuthero (root),
Organic Astragalus (root)

Digestive Support Blend (from culture media)	11.2 mg	•
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Organic Aloe (leaf), Organic Peppermint (leaf), Organic Coriander (seed),
Organic Cardamom (fruit), Organic Artichoke (leaf)

Ginger (rhizome) hydroethanolic extract	1.2 mg	•
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Organic Turmeric (rhizome) powder (from culture media)	1 mg	•
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Organic Ginger (rhizome) supercritical extract	0.3 mg	•
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Organic Turmeric (rhizome) supercritical extract	0.3 mg	•
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• Daily Value (DV) not established

Other ingredients: Culture media
(organic soy flour, organic
Saccharomyces cerevisiae, organic
maltodextrin, organic gum acacia,
lactic acid bacteria [*L. acidophilus*,
B. bifidum, *L. rhamnosus*],
papain [deactivated], bromelain
[deactivated] and organic molasses),
organic gum acacia, silicon dioxide,
lac resin, carnauba wax, maltodextrin
and magnesium carbonate.

**Contains: Fermented soy and
fermented wheat (as food source for
Saccharomyces cerevisiae.)[†]**

[†]The wheat has been processed to
allow this food to meet the Food
and Drug Administration (FDA)
requirements for gluten-free foods.

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90 TECHNOLOGY DRIVE
BRATTLEBORO, VT 05301
For questions or comments call
888-874-4461

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