

NATURE'S BOUNTY

NATURAL HERB

Milk Thistle

1000mg*



Concentrated Herb

RAPID RELEASE
LIQUID SOFTGEL

50 softgels

HERBAL SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel once or twice daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Milk Thistle Extract 250 mg (<i>Silybum marianum</i>) (seed) *(a 4:1 Extract, equivalent to 1,000 mg whole herb)	**

**Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Contains <2% of: Natural Caramel Color, Soy Lecithin, Titanium Dioxide Color.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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Milk Thistle is a traditional herbal extract derived directly from the milk thistle seeds.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.

Nature's Bounty's Guarantee: We use only the finest quality herbs and spices. Each is screened and finely milled for quick release.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit
www.NaturesBounty.com



Prod. No. 1947 B1940 03C