Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat and cholesterol content).
No Color Added • No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free
SUGGESTED USE: Take 2 softgels daily with a meal. For easier swallowing, take with water before and during ingestion. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children. **Do not use if imprinted seal under cap is broken or missing.**

Supplement Facts
Serving Size 2 Softgels
Servings Per Container 75

Amount Per Serving	% Daily Value
Calories 20	
Calories from Fat 15	
Total Fat 2 g	3%**
Polyunsaturated Fat 0.5 g	
Cholesterol 20 mg	7%**
Total Carbohydrate less than 1 g	less than 1%**
Protein Less than 1 g	
Fish Oil Concentrate 2000 mg	*
Total Omega-3 Fatty Acids 600 mg	*
Omega-3 EPA & DHA 500 mg	
Omega-3 Other 100 mg	

*Daily Value not established.
**Percent Daily Values are based on a 2,000 calorie diet.

Fish Oil softgels are made to Nature Made's guaranteed purity and potency standards.
•Enteric coated to reduce fish burps.
‡ Based on Pharmacy Times Survey of pharmacists recommending Omega-3/Fish Oil Supplements.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CAUTION: If you are pregnant or nursing, or taking medication, facing surgery, or have bleeding problems, undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

OTHER INGREDIENTS: Gelatin, Glycerin, Methacrylic Acid Copolymer, Water, Triethyl Citrate, Polysorbate 80, Glyceryl Monostearate, Propylene Glycol, Tocopherols.

CONTAINS: Fish (Anchovy, Sardine).

Distributed by:
Nature Made Nutritional Products
Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878
www.NatureMade.com

Fish Oil Country of Origin is Peru.
Encapsulated and quality tested in the U.S.A.

Fish Oil 1000 mg, Burp-Less

Liquid Softgels

#1 PHARMACIST RECOMMENDED

The omega-3s (EPA and DHA) in fish oil help support a healthy heart.†

- Provides 600 mg of heart healthy omega-3s (500 mg EPA/DHA) per serving†
- Nature Made® is the #1 Pharmacist Recommended Brand of Omega-3/Fish Oil*

Suggested use: Take two softgels daily, with a meal. For easier swallowing, take with water before and during ingestion.

Fish Oil should be used with caution when combined with:

- Blood thinning medication (e.g. Warfarin and Coumadin)
- Nonsteroidal anti-inflammatory drugs (e.g. ibuprofen and aspirin)
- Blood pressure medication

Trust your heart health with Nature Made® Fish Oil 1000 mg. Every 2 softgels provide 600 mg of heart healthy omega-3s (500 mg EPA/DHA).† Nature Made's Burp-Less formula Fish Oil is specially coated to help prevent a fishy odor and aftertaste.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

- Nature Made® supports leading heart health experts who recommend eating 500 mg of EPA/DHA per day to help support a healthy heart.**
- Every 2 softgels provide 500 mg of the omega-3 fatty acids EPA and DHA.
- Specially coated to help prevent fish burps.

Nature Made® Fish Oil 1000 mg Softgel is guaranteed to meet our high quality standards – it is made from carefully selected ingredients under strict manufacturing processes.

- Nature Made® is the #1 Pharmacist Recommended Omega-3/Fish Oil Brand*
- Purified to remove mercury‡
- Nature Made's fish oil supply only comes from deep ocean waters, not farm raised fish
- No Color Added
- No Artificial Flavors
- No Preservatives
- No Yeast or Starch
- Gluten Free

Available Sizes: 150 Count

† These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease.

* Based on US News & World Report - Pharmacy Times Survey of pharmacists recommending this category.

** "Recommend" amount equates to a calculation based on approximately 3,500 mg of omega-3 fatty acids EPA/DHA found in 2 servings of fatty fish per week.

‡ State-of-the-art purification processes remove PCBs, dioxins and furans, and mercury to ensure purity levels below 0.09 ppm, 2 ppt WHO TEQs, and 0.1 ppm respectively.

Caution: If you are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

Given that no two people are alike, if you are taking any medications you should be aware that potential drug-nutrient interactions may occur and are encouraged to consult a health care professional before using this product. Combining certain prescription drugs and dietary supplements can lead to undesirable effects such as:

- Diminished drug effectiveness
- Reduced supplement effectiveness
- Impaired drug and/or supplement absorption

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