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Suggested Usage: As a dietary supplement, adults take 1 tablet 1 hour before bedtime or as directed by your health care professional.

This product contains NO yeast, wheat, gluten, soy, milk/dairy, corn, sodium, sugar, starch, artificial coloring, artificial preservatives or genetically modified organisms (GMOs).

Warning: If you are pregnant, nursing, taking medication (especially MAO inhibitors, immunosuppressant drugs, anticoagulation therapy or antihypertensive medication), or have a medical condition (including autoimmune, seizure, psychiatric or depressive disorders), or if you are experiencing long-term sleep difficulties, consult your health care professional before use. Not to be administered to children unless directed by your health care professional. Long-term use of melatonin has not been studied. This product may cause drowsiness. Do not use before or while operating a motor vehicle or heavy machinery.

KEEP OUT OF REACH OF CHILDREN. For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper Resistant - DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

Manufactured for: Cooper Concepts, Inc.
12330 Preston Road, Dallas, TX 75230
888.393.2221 | coopercomplete.com
Formula #83199-60C / #2123821

COOPER COMPLETE®

Melatonin Prolonged Release

Physician
Formulated



for Optimal
Sleep†

3 mg

Dietary Supplement

60 Tablets | 60 Servings



Supplement Facts

Serving Size 1 tablet

Servings Per Container 60

	Amount Per Serving	% Daily Value
Melatonin	3.0 mg	*

*Daily Value not established.

Other Ingredients: Dicalcium phosphate, cellulose, silica and vegetable stearate.

†This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

