

**PROBIOTIC-CULTURED.
NON-GMO PROJECT VERIFIED.
WHOLE-FOOD COMPLEXED.**

Suggested use: Six tablets daily.
Can be taken anytime, even on an
empty stomach.

Gluten free; 100% vegetarian;
no artificial flavors or colors.

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e-newsletter at newchapter.com/newsletter

Please refer to newchapter.com for more
information about this product and its benefits.

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Please recycle this bottle after use.

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NEWCHAPTER®

MADE WITH ORGANIC VEGETABLES



tiny tabs™ MULTIVITAMIN

**Whole-Food Cultured Multivitamin
That's Easy to Swallow**

Can be taken on an empty stomach



192 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 6 Tablets

Servings per container 32

Amount per serving			%DV		
Vitamin A (100% as beta-carotene from culture media)			5000 IU	100%	
Vitamin C (as ascorbic acid from culture media)			30 mg	50%	
Vitamin D3 (as cholecalciferol from culture media)			1000 IU	250%	
Vitamin E (as d-alpha-tocopheryl acetate from culture media)			15 IU	50%	
Vitamin K (as phyloquinone [K1] from culture media and as menaquinone-7 [K2] from natto)			80 mcg	100%	
Thiamin (as thiamine hydrochloride from culture media)			3 mg	200%	
Riboflavin (from culture media)			3 mg	176%	
Niacin (as niacinamide from culture media)			20 mg	100%	
Vitamin B6 (as pyridoxine hydrochloride from culture media)			3 mg	150%	
Folate (as folic acid from culture media)			200 mcg	50%	
Amount per serving			%DV		
Vitamin B12 (as cyanocobalamin from culture media)			15 mcg	250%	
Biotin (from culture media)			150 mcg	50%	
Pantothenic Acid (as calcium D-pantothenate from culture media)			10 mg	100%	
Iron (as ferrous fumarate from culture media)			3 mg	17%	
Iodine (as potassium iodide from culture media)			45 mcg	30%	
Zinc (as zinc oxide from culture media)			3 mg	20%	
Selenium (as selenium dioxide from culture media)			15 mcg	21%	
Copper (as copper sulfate anhydrous from culture media)			300 mcg	15%	
Manganese (as manganese chloride from culture media)			1 mg	50%	
Chromium (as chromium chloride from culture media)			60 mcg	50%	
Molybdenum (as sodium molybdate from culture media)			50 mcg	67%	

* Daily Value (DV) not established

Other ingredients: Culture media (organic soy flour, organic gum acacia, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin, organic orange peel powder, organic carrot powder, organic alfalfa powder, lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*], papain [deactivated], bromelain [deactivated] and organic safflower oil), organic gum acacia, *Lithothamnion* (*L. calcareum* and *L. coralloides*), silicon dioxide, magnesium oxide, lac resin and carnauba wax.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).*

*The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC.
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For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA