

**PROBIOTIC-CULTURED.
NON-GMO PROJECT VERIFIED.
WHOLE-FOOD COMPLEXED.**

**Suggested use: One tablet daily.
Can be taken anytime, even
on an empty stomach.**

Gluten free; 100% vegetarian;
no artificial flavors or colors.

Get the *Whole Truth*! Sign up for our
e-newsletter at newchapter.com/newsletter

Please refer to newchapter.com for more
information about this product and its benefits.

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Please recycle this bottle after use.

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only one MULTIVITAMIN

**Whole-Food Cultured Multivitamin
with Multi-Mineral Formula**

Can be taken on an empty stomach



72 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving	%DV	Amount per serving	%DV
Vitamin A (100% as beta-carotene from culture media)	5000 IU 100%	Biotin (from culture media)	300 mcg 100%
Vitamin C (as ascorbic acid from culture media)	60 mg 100%	Pantothenic Acid (as calcium D-pantothenate from culture media)	20 mg 200%
Vitamin D3 (as cholecalciferol from culture media)	1000 IU 250%	Calcium (from algae <i>Lithothamnion</i> [<i>L. calcareum</i> and <i>L. corallioides</i>])	25 mg 3%
Vitamin E (as d-alpha-tocopheryl acetate from culture media)	30 IU 100%	Iron (as ferrous fumarate from culture media)	5 mg 28%
Vitamin K (as phyloquinone [K1] from culture media and as menaquinone-7 [K2] from natto)	80 mcg 100%	Iodine (as potassium iodide from culture media)	75 mcg 50%
Thiamin (as thiamine hydrochloride from culture media)	5 mg 333%	Zinc (as zinc oxide from culture media)	5 mg 33%
Riboflavin (from culture media)	5 mg 294%	Selenium (as selenium dioxide from culture media)	25 mcg 36%
Niacin (as niacinamide from culture media)	20 mg 100%	Copper (as copper sulfate anhydrous from culture media)	500 mcg 25%
Vitamin B6 (as pyridoxine hydrochloride from culture media)	6 mg 300%	Manganese (as manganese chloride from culture media)	1 mg 50%
Folate (as folic acid from culture media)	400 mcg 100%	Chromium (as chromium chloride from culture media)	100 mcg 83%
Vitamin B12 (as cyanocobalamin from culture media)	24 mcg 400%	Molybdenum (as sodium molybdate from culture media)	10 mcg 13%

• Daily Value (DV) not established

Other ingredients: Culture media (organic soy flour, organic gum acacia, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin, organic orange peel powder, organic carrot powder, organic alfalfa powder, lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*], papain [deactivated], bromelain [deactivated] and organic safflower oil), organic gum acacia, silicon dioxide, lac resin, magnesium oxide and carnauba wax.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).*

* The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC.
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For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA