



ADVOCARE

SPARK[®]

ENERGY

VITAMIN & AMINO ACID SUPPLEMENT

○ SHARPENS MENTAL FOCUS*

○ LONG-LASTING ENERGY*

○ SUGAR FREE

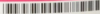
Fruit Punch
NATURAL & ARTIFICIAL FLAVORS

NET WT 10.5 OZ (294g)

SUPPLEMENT FACTS

Serving Size: One Scoop (3.25 g) (makes 8 fl oz liquid)
Servings Per Container: About 42

	Amount Per Serving	%DV
Calories	15	
Total Carbohydrate	4g	10%
Vitamin A (as beta-carotene)	1,000 IU	20%
Vitamin C (as ascorbic acid)	100mg	20%
Vitamin E (as d-alpha-tocopheryl acetate)	20 IU	10%
Thiamine (as HCl)	1mg	20%
Riboflavin	1.4mg	20%
Niacin (as niacinamide)	50mg	20%
Vitamin B-6 (as pyridoxine HCl)	15mg	20%
Vitamin B-12 (as cyanocobalamin)	45mcg	20%
Pantothenic acid (as calcium pantothenate)	10mg	20%
Zinc (as zinc monomethionine)	1mg	20%



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Copper (as copper glycinate)	200mcg	10%
Chromium (as chromium citrate)	24mcg	20%
Choline (as bitartrate and citrate)	500mg	*
L-Tyrosine	500mg	*
Taurine	200mg	*
Caffeine	120mg	*
Glycine	100mg	*
Citrus flavonoids	50mg	*
L-Carnitine (as tartrate)	12mg	*
Inositol	12mg	*

Percent Daily Values (DV) are based on a 2,000-calorie diet.
*Daily Value not established.

OTHER INGREDIENTS: SALT, TOCOPHEROL, CITRIC ACID, BEET ROOT POWDER FOR COLOR, NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE, SUCROSE DIOSIDE.

MADE IN USA.

Formulated/Manufactured Exclusively for Advocare[®]
International L.P. Plano, TX 75074 • 800-942-4800
For more information visit www.advocare.com.

ADVOCARE SPARK[®]

A unique blend of more than 20 vitamins, minerals and nutrients that work synergistically to provide a healthy, balanced and effective source of mental focus and energy.*

Directions For Use: Blend, shake or stir contents of one scoop into 8 fluid ounces of water.CAUTION: PREGNANT OR NURSING WOMEN SHOULD CONSULT HEALTHCARE PROFESSIONAL PRIOR TO USE.
NOT FOR USE BY PERSONS WHO ARE SENSITIVE TO CAFEINE OR CHOLINE.

KEEP OUT OF REACH OF CHILDREN.

For optimal freshness, store product in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.