SUGGESTED USE:

Take one serving (1 scoop) of C4® Ultimate, mixed with 10-12 fl. oz. of water 20-30 minutes before training. During your workout, it is recommended that you drink plenty of water or performance beverage such as Cellucore Alpha Amino to stay hydrated. Some individuals may experience a harmless tingling sensation, which is attributable to beta alanine. USE ONLY AS DIRECTED.

WARNING:

THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS. 18 YEARS OF AGE OR OLDER. Do not use if pregnant, nursing, currently taking PDE5 inhibitors or nitrates for chest pain. Do not take this product before consulting a licensed, qualified, health care professional if you are taking any other dietary supplement, prescription drug or over-the-counter medication; or if, you suspect you have or have been treated for, diagnosed with or have a family history of, any medical condition. This product contains caffeine and should not be used in combination with caffeine or stimulants from other sources. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use this product continuously for more than 8 weeks. Do not use if safety seal is broken or missing. Store in a cool dry place. KEEP OUT OF REACH OF CHILDREN. This product is sold by weight, not volume. Some settling of powder may occur during shipping and handling, which may affect density of powder. This product contains the servings indicated when measured exactly by weight

ADVANCED

EXTREME







THE MOST EXPLOSIVE

SERVINGS

PRE-WORKOUT

CHERRY LIMEADE NATURALLY FLAVORED

SUPPLEMENT FACTS

Serving Size: 1 scoop (19g) Servings Per Container: 20

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	1g	<1%**
Vitamin C (as Ascorbic Acid)	250mg	417%
Niacin (as Niacinamide)	60mg	300%
Vitamin B6 (as Pyridoxal-5-Phosphate)	1mg	50%
Folic Acid	500mcg	125%
Vitamin B12 (as Methylcobalamin)	70mcg	1167%
Calcium (as Calcium Silicate)	45mg	5%
Citrulline Malate	6g	t
CarnoSyn® Beta-Alanine	3.2g	<u>†</u>
Creatine Nitrate (NO3-T®)	1.5g	T T
Betaine Anhydrous	1.5g	t
Nitrosigine® Inositol-Stabilized Arginine Silicate	1.5g	t
Arginine Alpha Ketoglutarate	1g	t
Taurine	1g	t
CA® Ultimate Energy & Focus Bland	959ma	- 4

C4® Ultimate Energy & Focus Blend

N-toctyl-1-Tyrisine, Caffeine Anhydrous (900mg), Velvet Bean (Mocuna provincis) seed extract (staxidatized for L-boga), Theacrine is selbchine®), AlphaSiaze® A-GPC (Alpha-Biycary) Phospinry (Croline), Zeribhine® (Speldeum brutossum) aeral parts extract, Rawwifia vombrier coot bark extract, Huyerariae A (from Order Cultimoss (Hipperas exertal) erally parts control or cookies and control order of the cookies and c

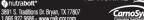
**Percent Daily Values (% DV) are based on a 2,000 calorie diet.

† Daily Value not established

Other Ingredients: Polydextrose, Silicon Dioxide, Natural Flavors, Calcium Silicate, Sucralose, Malic Acid, Citric Acid, Acesulfame Potassium, FD&C Red #40.

For complete patent and trademark information, visit cellucor.com/c4ultimate Cellucor® and C4® are

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by the Food and Drug Administration. Th