## SUGGESTED USE:

## WARNING:











PRE-WORKOUT BO FRUIT PUNCH SERVINGS NATURALLY & ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT NET WT 180 g (6.3 oz)

Amount Por Serving 0/

Amount	I of octains	70 DV
Vitamin C (as Ascorbic Acid)	250mg	417%
Niacin (as Niacinamide)	30mg	150%
Vitamin B6 (as Pyridoxal-5-Phosphate)	500mcg	25%
Folic Acid	250mcg	62%
Vitamin B12 (as Methylcobalamin)	35mcg	583%
Calcium (as Calcium Silicate)	22mg	2%
CarnoSyn® Beta-Alanine	1.6g	t
Arginine Alpha Ketoglutarate	10	+

**SUPPLEMENT FACTS**