



**SUGGESTED USE:**

Take one serving (1 scoop) of C4® Ripped, mixed with 6 fl. oz. of water 20-30 minutes before training. During your workout, it is recommended that you drink plenty of water or performance beverage such as Cellucor Alpha Amino® to stay hydrated. **Some individuals may experience a harmless tingling sensation, which is attributed to beta alanine. USE ONLY AS DIRECTED.**

**WARNING:**

THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use if pregnant or nursing. Do not take this product before first consulting a licensed, qualified, health care professional if you are taking any other dietary supplement, prescription drug or over-the-counter medication; or if, you suspect you have or have been treated for, diagnosed with or have a family history of, any medical condition. This product contains caffeine and should not be used by individuals wishing to eliminate caffeine from their diet or in combination with caffeine or stimulants from other sources. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use if safety seal is broken or missing. Store in a cool dry place. KEEP OUT OF REACH OF CHILDREN. This product is sold by weight, not volume. Some settling of powder may occur during shipping and handling, which may affect density of powder. This product contains the servings indicated when measured exactly by weight.

**CUSTOMIZE YOUR C4 EXPERIENCE**

	C4 SPORT	C4 ORIGINAL	C4 ZERO	C4 RIPPED	C4 EXTREME ENERGY
ENERGY	●	●	●	●	●
FOCUS	●	●	●	●	●
PUMPS	●	●	●	●	●
ENDURANCE	●	●	●	●	●
SPORTS CERTIFIED	✓				
CREATINE NITRATE		✓			✓
TINGLE FREE			✓		
SUPPORTS WEIGHT LOSS				✓	
	●	●	●	●	●
	MODERATE	ADVANCED		EXTREME	

# C4<sup>®</sup>

## RIPPED



**EXPLOSIVE PRE-WORKOUT AND CUTTING FORMULA**

# 60 SERVINGS

**CHERRY LIMEADE**  
NATURALLY FLAVORED

DIETARY SUPPLEMENT NET WT 360 g (12.7 oz.)

### SUPPLEMENT FACTS

Serving Size: 1 scoop (6g)  
Servings Per Container: 60

	Amount Per Serving	% DV
Vitamin C (as Ascorbic Acid)	250mg	417%
Niacin (as Niacinamide)	30mg	150%
Vitamin B6 (as Pyridoxal-5-Phosphate)	500mcg	25%
Folic Acid	250mcg	62%
Vitamin B12 (as Methylcobalamin)	35mcg	583%
Calcium (as Calcium Silicate)	28mg	3%
CarnoSyn® Beta-Alanine	1.6g	†
Arginine Alpha Ketoglutarate	1g	†
C4® Ripped Blend	1g	†
L-Carnitine Tartrate, Green Coffee bean extract (standardized for Chlorogenic Acids), Capsimax® Cayenne ( <i>Capsicum annuum</i> ) fruit extract, <i>Coleus forskohlii</i> root extract		
Explosive Energy Blend	371mg	†
N-Acetyl-L-Tyrosine, Caffeine Anhydrous (150mg), Velvet Bean ( <i>Mucuna pruriens</i> ) seed extract (standardized for L-Dopa)		

† Daily Value not established.

Other Ingredients: Citric Acid, Malic Acid, Calcium Silicate, Silicon Dioxide, Natural Flavors, Sucralose, Acesulfame Potassium, FD&C Red Lake #40.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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