

Take one serving (1 packet) of C4® Ripped, mixed with 6 fl. oz. of water 20-30 minutes before training. During your workout, it is recommended that you drink plenty of water or performance beverage such as Cellucor Alpha Amino® to stay hydrated. **Some individuals may experience a harmless tingling sensation, which is attributed to beta alanine. USE ONLY AS DIRECTED.**

WARNING: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use if pregnant or nursing. Do not take this product before first consulting a licensed, qualified, health care professional if you are taking any other dietary supplement, prescription drug or over-the-counter medication; or if, you suspect you have or have been treated for, diagnosed with or have a family history of, any medical condition. This product contains caffeine and should not be used by individuals wishing to eliminate caffeine from their diet or in combination with caffeine or stimulants from other sources. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use if packet is torn or broken. Store in a cool dry place. KEEP OUT OF REACH OF CHILDREN.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by: Nutrabolt® 3891 S. Traditions Dr., Bryan, TX 77807
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C4®

RIPPED

EXPLOSIVE
PRE-WORKOUT
AND CUTTING FORMULA

CHERRY LIMEADE
NATURALLY FLAVORED

DIETARY SUPPLEMENT NET WT 6 g (0.2 oz)

1
SERVING

Supplement Facts: Serving Size: 1 packet (6g) Servings Per Container: 1. Amount Per Serving (%DV): Vitamin C (as Ascorbic Acid) 250mg (417%), Niacin (as Niacinamide) 30mg (150%), Vitamin B6 (as Pyridoxal-5-Phosphate) 500mcg (25%), Folic Acid 250mcg (62%), Vitamin B12 (as Methylcobalamin) 35mcg (583%), Calcium (as Calcium Silicate) 16mg (2%), CarnoSyn® Beta-Alanine 1.6g (†), Arginine Alpha Ketoglutarate 1g (†), C4® Ripped Blend 1g (†) [L-Carnitine Tartrate, Green Coffee bean extract (standardized for Chlorogenic Acids), Capsimax® Cayenne (*Capsicum annuum*) fruit extract, *Coleus forskohlii* root extract], Explosive Energy Blend 371mg (†) [N-Acetyl-L-Tyrosine, Caffeine Anhydrous (150mg), Velvet Bean (*Mucuna pruriens*) seed extract (standardized for L-Dopa)]

Other Ingredients: Citric Acid, Malic Acid, Calcium Silicate, Silicon Dioxide, Natural Flavors, Sucralose, Acesulfame Potassium, FD&C Red Lake #40.

