## SUGGESTED USE:

Take one serving (1 scoop) of C4® Original, mixed with 6 fl. oz. of water 20-30 minutes before training. During your workout, it is recommended that you drained the stood of the plenty of water or performance beverage such as Celluor Alpha Amino® to stay hydrated. Some infolduats may experience a harmless fingling sensation, which is attributed to beta alanine. US ONLY AS DIRECTED.

## WARNING:

This PADDOR's SOUTH in temptor from health THADUC'S of PERNO YEAR OF THE ADUC'S OF THE with catene or simulants from other sources, discontinue use 2 weeks proof of surgery. Immediately discontinue use and contact a medical dortor if you experience any adverse reaction to this product. Do not use this product continuously for more than 8 weeks. Do not use if safety seal is broken or missing. Store in a cool dry place. KEEP OUT OF REACH OF CHILDREN. This product is sold by weight, not volume. Some settling of powder may occur during shipping and handling, which may affect density of powder. This product contains the servings indicated when measured exactly by weight.





EXTREME





PINK LEMONADE
NATURALLY AND ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT NET WT 180 g (6.3 oz)

SUPPLEMENT FACTS

	Amount Per Serving	% D
Vitamin C (as Ascorbic Acid)	250mg	417
Niacin (as Niacinamide)	30mg	150
Vitamin B6 (as Pyridoxal-5-Ph	osphate) 500mcg	25
Folic Acid	250mcg	62
Vitamin B12 (as Methylcobala)	min) 35mcg	583
CarnoSyn® Beta-Alanine	1.6g	
Creatine Nitrate (NO3-T®)	1g	
Arginine Alpha Ketoglutarate	1g	

N-Acetyl-L-Tyrosine, Caffeine Anhydrous (150mg), Velvet Bean Mucuna pruriens) seed extract (standardized for L-Dopa), Theacrine (as TeaCrine®)

SERVINGS