## SUGGESTED USE:

Take one serving (1 scoop) of C4® Original, mixed with 6 fl. oz. of water 20-30 minutes before training. During your workout, it is recommended that you drink plenty of water or performance beverage such as Celluor Alpha Amino® to stay hydrated. Some infelviduals may experience a harmless fingling sensation, which is attributed to beta alanine. US ONLY AS DIRECTED.

## WARNING:

This PADDON's SOUTH in temptor from near thir PADOL's or Years or year of NO ROLDER. Do not use if pregnant, musing, currently taking PDS inhibitors or nitrates for chest pain. Do not take this product before consulting a licensed, qualified, health care professional for our at taking any other dietary supplement, prescription drug or over-the-counter medication, or if, you suspect you have preavable threated for, diagnosed with or have a family history of, any medical condition. This product contains caffeine and should not be used in combination with caffeine or stimulants from other sources. Discontine use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use this product continuously for more than 8 weeks. Do not use if safety seal is broken or missing. Store in a cool dry place. KEEP OUT OF REACH OF CHILDREN. This product is sold by weight, not volume. Some settling of powder may occur during shipping and handling, which may affect density of powder. This product contains the servings indicated when measured exactly by weight.





EXTREME



## PRE-WORKOUT 30

**ORANGE BURST** 

DIETARY SUPPLEMENT NET WT 180 g (6.3 oz)

## SUPPLEMENT FACTS

Serving Size: 1 scoop (6g) Servings Per Container: 30

Amount Per Serving		% DV
Vitamin C (as Ascorbic Acid)	250mg	417%
Niacin (as Niacinamide)	30mg	150%
Vitamin B6 (as Pyridoxal-5-Phosphate)	500mcg	25%
Folic Acid	250mcg	62%
Vitamin B12 (as Methylcobalamin)	35mcg	583%
CarnoSyn® Beta-Alanine	1.6g	t
Creatine Nitrate (NO3-T®)	1g	t
Arginine Alpha Ketoglutarate	1g	t
Contactor Consul Disast	405	

SERVINGS

Dioxide, Sucralose, Beta Carotene, Acesulfame Potassium.

N-Acetyl-L-Tyrosine, Caffeine Anhydrous (150mg), Velvet Bean (Mucuna pruriens) seed extract (standardized for L-Dopa),