

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene and vitamin A palmitate)	12,500 IU	250%
Vitamin C (as calcium ascorbate)	150 mg	250%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as <i>d</i> -alpha tocopheryl acid succinate)	100 IU	333%
Thiamin (as thiamin hydrochloride)	50 mg	3,333%
Riboflavin	50 mg	2,941%
Niacin (as niacinamide and niacin)	60 mg	300%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2,500%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	100 mcg	1,667%
Biotin	50 mcg	17%
Pantothenic Acid (as calcium pantothenate)	50 mg	500%
Calcium (as calcium carbonate and calcium citrate)	125 mg	13%
Iron (as ferrous fumarate)	10 mg	56%
Iodine (as potassium iodide & kelp)	100 mcg	67%
Magnesium (as magnesium oxide and magnesium citrate)	75 mg	19%
Zinc (as zinc citrate)	10 mg	67%
Selenium (as selenium chelate)	50 mcg	71%
Manganese (as manganese citrate)	5 mg	250%
Chromium (as chromium chelate)	50 mcg	42%
Molybdenum (as molybdenum citrate)	50 mcg	67%
Potassium (as potassium citrate)	50 mg	**
Para-Aminobenzoic acid	50 mg	†
Inositol	50 mg	†
Methionine	50 mg	†
Choline bitartrate	50 mg	†
Betaine HCl	30 mg	†
Bromelain	25 mg	†
Citrus Bioflavonoids	25 mg	†
Vanadium (from vanadium citrate)	75 mcg	†

Other ingredients: Cellulose, croscarmellose sodium, stearic acid, coating (sodium carboxymethylcellulose, dextrin, dextrose monohydrate, soy lecithin, sodium citrate), magnesium stearate (vegetable grade).

DIETARY SUPPLEMENT

natural
Factors

• ALL YOU NEED IS ONE •

Ultra Multi

PLUS

60 Tablets

COMPLETE VITAMIN & MINERAL
COMPLEX PLUS LIPOTROPICS

Suggested Usage: 1 tablet per day or as directed by a health professional.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

Contains no artificial preservative, color or sweeteners; no dairy, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
1111-80th St. SW, Ste. 100
Everett WA, USA 98203



Recyclable container.



Actual Size

8

7251085689

0

Purity & Potency
Guaranteed