

equate®

Compare to
Flintstones®
Complete
Ingredients

Children's Multivitamin Complete

Multivitamin/Multimineral
Supplement

- 20 nutrients
- Great taste and
fun animal shapes

Assorted Fruit Flavors

Artificially Flavored



150
chewable
tablets

Supplement Facts

Serving Size: ½ Tablet (2 & 3 years of age); 1 Tablet (4 or more years of age)

Amount Per Tablet	% Daily Value for Children 2 and 3 Years of Age (per ½ tablet)	% Daily Value for Adults and Children 4 or More Years (per 1 tablet)
Total Carbohydrate < 1 g	**	< 1%*
Sugars < 1 g	**	**
Vitamin A (33% as beta-carotene) 3000 IU	60%	60%
Vitamin C 60 mg	75%	100%
Vitamin D3 600 IU	75%	150%
Vitamin E 30 IU	150%	100%
Vitamin K 55 mcg	**	69%
Thiamin 1.5 mg	107%	100%
Riboflavin 1.7 mg	106%	100%
Niacin 15 mg	83%	75%
Vitamin B6 2 mg	143%	100%
Folate 400 mcg	100%	100%
Vitamin B12 6 mcg	100%	100%
Biotin 40 mcg	13%	13%
Pantothenic Acid 10 mg	100%	100%
Calcium 100 mg	6%	10%
Iron 18 mg	90%	100%
Iodine 150 mcg	107%	100%
Zinc 12 mg	75%	80%
Copper 2 mg	100%	100%
Sodium 10 mg	**	< 1%

*Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Ingredients: Sorbitol, Calcium Carbonate, Sodium Ascorbate, Ferrous Fumarate, Maltodextrin, Carrageenan, Silicon Dioxide, Glucose, d-Alpha Tocopheryl Acetate. Contains 2% or less of acetic acid, ascorbic acid, ascorbyl palmitate, aspartame[®], benzyl alcohol, beta-carotene, biotin, calcium phosphate, carboxymethylcellulose sodium, cholecalciferol, citric acid, cupric oxide, cyanocobalamin, D-calcium pantothenate, d-l-alpha tocopherol, DL-tartaric acid, EDTA, FD&C blue no. 2 lake, FD&C

red no. 40 lake, FD&C yellow no. 6 lake, FD&C yellow no. 6 lake, gelatin, gum arabic, magnesium stearate, medium chain triglycerides, natural & artificial flavors (cherry, grape, orange, peach), nicotinamide, phytonadione, potassium iodide, propylene glycol, pyridoxine hydrochloride, retinyl acetate, riboflavin, sodium benzoate, sorbic acid, starch, stearic acid, sucrose, sunflower oil, thiamine mononitrate, zinc oxide.

Contains: Soy.

May contain mono- and diglycerides, triacetin.

[†]Phenylketonurics - contains phenylalanine.

DISTRIBUTED BY: Wal-Mart Stores, Inc., Bentonville, AR 72716

PRODUCT OF CHINA

[‡]Flintstones[™] is a registered trademark of Hanna-Barbera Productions, Inc.

Suggested Use: Children 2 and 3 years of age, chew ½ tablet daily. Adults and children 4 years of age and over, chew one tablet daily, as a dietary supplement. **DO NOT SWALLOW WHOLE.**

Keep out of the reach of children. Store at 15°- 30°C (59°- 86°F). Natural spotting may occur when exposed to moisture, keep tightly closed in a cool, dry place.

Safety-sealed. Do not use if printed seal under cap is cut, torn or missing.

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

- Healthy Eyes – Vitamins A, C, and E[†]
- Strong Bones and Teeth – Calcium, Vitamins D3, & K[†]
- Immune System Health – Vitamins C & E, Beta-Carotene, Zinc, and Iron[†]

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NO GLUTEN • NO LACTOSE

655913

Satisfaction
guaranteed -
For questions
or comments
please call
1-888-287-1915

