SUGGESTED USE: As a dietary supplement for women, take 1 capsule 3 times daily, preferably with food.

WARNING: For adults only. Consult physician if taking medication or have a medical condition. This product should not be consumed during the first week of the menstrual period. Not intended for pregnant or nursing women. **KEEP OUT OF REACH OF CHILDREN.** Do not use if safety seal is damaged or missing. Store in a cool, dry place after opening.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

VEGAN PRODUCT

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Daily Herbal & Vitamin Formula



Complete Formula

including

Wild Yam Borage Oil Powder Dong Quai 90 Vegetarian Capsules Dietary Supplement

Supplement Facts

Serving Size: 1 Vegetarian Capsule

Servings Per Container: 90

*Daily Value not established

	Amount Per Serving	% Daily Value
Vitamin B-6 (from pyridoxine HCI)	17 mg	850%
Folate (as folic acid)	133 mcg	33%
Borage Oil Powder (Borago officinalis) (seed) (15 mg of	100 mg GLA)	*
Wild Yam Extract (Dioscorea oppositifolia) (root) (min. 6	75 mg 6% diosgenin)	*
Dong Quai (Angelica sinensis) (root)	100 mg	*
Chaste Berry (Vitex) Extract (Vitex agnus castus) (fruit) (min. 0.5%)	50 mg % agnusides)	*

Other Ingredients: Hydroxypropyl methylcellulose, rice flour, vegetable magnesium stearate, silica.

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