

Nature Made® Super B-Complex



**KEY B VITAMINS
+ VITAMIN C**

DIETARY SUPPLEMENT
60 TABLETS

**Cellular Energy
Production &
Antioxidant
Support[†]**

B VITAMINS HELP CONVERT FOOD INTO CELLULAR ENERGY - B Vitamins are also necessary for normal functioning of the nervous system.

Supplement Facts

Serving Size 1 tablet

Amount Per Tablet	% Daily Value
Vitamin C (as Ascorbic Acid) 150 mg	250%
Thiamin (as Thiamin Mononitrate) 100 mg	6667%
Riboflavin 20 mg	1176%
Niacin (as Niacinamide) 25 mg	125%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 2 mg	100%
Folic Acid 400 mcg	100%
Vitamin B ₁₂ (as Cyanocobalamin) 15 mcg	250%
Biotin 30 mcg	10%
Pantothenic Acid (as d-Calcium Pantothenate) 5.5 mg	55%

OTHER INGREDIENTS: Dibasic Calcium Phosphate, Cellulose Gel, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol.

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A. 1-800-276-2878 • www.NatureMade.com

Tableted and quality tested in the U.S.A.

Water-Soluble Vitamins Tablets USP

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

† Contains antioxidant Vitamin C

oValid only for U.S. and Puerto Rico residents.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Super B-Complex Tablets

Nature Made® Super B-Complex is a combination of essential B vitamins that help support the production of cellular energy.[†]

Nature Made Super B-Complex is a combination of 8 essential B vitamins (thiamin, riboflavin, niacin, B₆, folic acid, biotin, pantothenic acid, and B₁₂) which help support the production of cellular energy in the body.[†] It also provides vitamin C for antioxidant support.[†]

- Helps convert food into cellular energy[†]
- Helps support normal function of the nervous system[†]
- Vitamin C is antioxidant and helps support the immune system[†]

Nature Made Super B-Complex is guaranteed to meet our high quality standards – it is made from carefully selected ingredients under strict manufacturing processes.

- United States Pharmacopeia (USP) Verified
- No Artificial Flavors
- No Color Added
- No Preservatives
- No Yeast or Starch
- Gluten Free

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