

Lecithin Elite – Supports Brain and Heart Health*

Lecithin is a type of fat that is needed by every cell in the body. It is part of a group of compounds called phosphatidylcholines. Lecithin has several important functions that are essential in the body. It is also used in many food products to emulsify and stabilize certain fats. Lecithin is commonly found in many food sources, including egg yolks, soybeans and meat products.

Our Lecithin Elite supplement provides all of the benefits of a lecithin supplement but is made from a sunflower source.*

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Product 93-2
v2.0



Lecithin Elite

Soy Free • Non-GMO with
Phosphatidyl Choline

Dietary Supplement
150 Softgels



Supplement Facts

Serving Size: 1 Softgel • Servings per Container: 150

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	6	
Total Fat	6 g	1%*
Saturated Fat	0 g	0%*
Polyunsaturated Fat	6 g	†
Sunflower Lecithin	1200 mg	†
Phosphatidyl Choline	210 mg	†

† Daily Value not established. *% of Daily Value is based on a 2,000 calorie diet.

Other Ingredients: Softgel Capsule (gelatin, glycerin, water) and Sunflower Oil.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

As with all natural products, color and taste may vary. Do not use if safety seal is missing or broken. Keep out of reach of children. Store in cool, dry place.

Recommendation: As a dietary supplement, take one softgel three times daily with meals.

Warning: If you are pregnant, nursing, taking any medications, or experiencing health issues, consult your doctor before use.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.