

**PROBIOTIC-CULTURED.
NON-GMO PROJECT VERIFIED.
WHOLE-FOOD COMPLEXED.**

**Suggested use: One tablet daily.
Can be taken anytime, even
on an empty stomach.**

Gluten free; 100% vegetarian;
no artificial flavors or colors.

Get the *Whole Truth!* Sign up for our
e-newsletter at newchapter.com/newsletter

Please refer to newchapter.com for more
information about this product and its benefits.

Caution: *As with any dietary or herbal supplement,
you should advise your healthcare practitioner of the
use of this product.*

***This statement has not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure,
or prevent any disease.**

Please recycle this bottle after use.

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every man'sTM ONE DAILY MULTI

**Whole-Food Cultured Multivitamin
with Nutrients for Energy, Heart
and Immune Support***

Can be taken on an empty stomach



72 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving	%DV	Amount per serving	%DV
Vitamin A (100% as beta-carotene from culture media)	5000 IU 100%	Copper (as copper sulfate anhydrous from culture media)	1.5 mg 75%
Vitamin C (as ascorbic acid from culture media)	60 mg 100%	Manganese (as manganese chloride from culture media)	1 mg 50%
Vitamin D3 (as cholecalciferol from culture media)	1000 IU 250%	Chromium (as chromium chloride from culture media)	60 mcg 50%
Vitamin E (as d-alpha-tocopheryl acetate from culture media)	30 IU 100%	Molybdenum (as sodium molybdate from culture media)	10 mcg 13%
Vitamin K (as phyloquinone [K1] from culture media and as menaquinone-7 [K2] from natto)	80 mcg 100%		
Thiamin (as thiamine hydrochloride from culture media)	1.5 mg 100%	Stress and Energy Support Blend (from culture media)	60 mg *
Riboflavin (from culture media)	1.7 mg 100%	Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)	
Niacin (as niacinamide from culture media)	20 mg 100%	Cardio Support Blend	20 mg *
Vitamin B6 (as pyridoxine hydrochloride from culture media)	2 mg 100%	Organic Fenugreek (seed) from culture media, Organic Oregano (leaf) from culture media, Grapeseed Extract, Organic Hawthorn (berry and seed) from culture media	
Folate (as folic acid from culture media)	200 mcg 50%	Immune Support Blend (from culture media)	20 mg *
Vitamin B12 (as cyanocobalamin from culture media)	12 mcg 200%	European Elder (berry) Extract, Organic Eleuthero (root), Organic Astragalus (root)	
Biotin (from culture media)	150 mcg 50%	Ginger (rhizome) hydroethanolic extract	3.2 mg *
Pantothenic Acid (as calcium D-pantothenate from culture media)	10 mg 100%	Organic Turmeric (rhizome) powder (from culture media)	3.2 mg *
Iodine (as potassium iodide from culture media)	75 mcg 50%	Organic Ginger (rhizome) supercritical extract	0.8 mg *
Zinc (as zinc oxide from culture media)	15 mg 100%	Organic Turmeric (rhizome) supercritical extract	0.8 mg *
Selenium (as selenium dioxide from culture media)	75 mcg 107%		

* Daily Value (DV) not established

Other Ingredients: Culture media (organic soy flour, organic gum acacia, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin, organic orange peel powder, organic carrot powder, lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*], organic alfalfa powder, papain [deactivated], bromelain [deactivated], organic molasses and organic safflower oil), organic gum acacia, *Lithothamnion* (*L. calcareum* and *L. corallivoides*), silicon dioxide, lac resin, magnesium oxide, carnauba wax and maltodextrin.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).†

† The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC.
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For questions or comments call 888-874-4461

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