

**PROBIOTIC-CULTURED.  
NON-GMO PROJECT VERIFIED.  
WHOLE-FOOD COMPLEXED.**

**Suggested use: One tablet daily.  
Can be taken anytime, even  
on an empty stomach.**

Gluten free; 100% vegetarian;  
no artificial flavors or colors.

Get the *Whole Truth!* Sign up for our  
e-newsletter at [newchapter.com/newsletter](http://newchapter.com/newsletter)

Please refer to [newchapter.com](http://newchapter.com) for more  
information about this product and its benefits.

**Caution:** As with any dietary or herbal supplement,  
you should advise your healthcare practitioner of the  
use of this product.

**\*This statement has not been  
evaluated by the Food and Drug  
Administration. This product is not  
intended to diagnose, treat, cure,  
or prevent any disease.**

Please recycle this bottle after use.

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## every man's ONE DAILY MULTI

**Whole-Food Cultured Multivitamin  
with Nutrients for Energy, Heart  
and Immune Support\***

**Can be taken on an empty stomach**



48 Tablets

DIETARY SUPPLEMENT

## Supplement Facts

Serving size 1 Tablet

| Amount per serving                                                                          | %DV          | Amount per serving                                                                                                                                                    | %DV        |
|---------------------------------------------------------------------------------------------|--------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| Vitamin A (100% as beta-carotene from culture media)                                        | 5000 IU 100% | Copper (as copper sulfate anhydrous from culture media)                                                                                                               | 1.5 mg 75% |
| Vitamin C (as ascorbic acid from culture media)                                             | 60 mg 100%   | Manganese (as manganese chloride from culture media)                                                                                                                  | 1 mg 50%   |
| Vitamin D3 (as cholecalciferol from culture media)                                          | 1000 IU 250% | Chromium (as chromium chloride from culture media)                                                                                                                    | 60 mcg 50% |
| Vitamin E (as d-alpha-tocopheryl acetate from culture media)                                | 30 IU 100%   | Molybdenum (as sodium molybdate from culture media)                                                                                                                   | 10 mcg 13% |
| Vitamin K (as phyloquinone [K1] from culture media<br>and as menaquinone-7 [K2] from natto) | 80 mcg 100%  |                                                                                                                                                                       |            |
| Thiamin (as thiamine hydrochloride from culture media)                                      | 1.5 mg 100%  | <b>Stress and Energy Support Blend</b> (from culture media)                                                                                                           | 60 mg *    |
| Riboflavin (from culture media)                                                             | 1.7 mg 100%  | Organic Schizandra (berry), Organic Maca (root),<br>Organic Chamomile (flower)                                                                                        |            |
| Niacin (as niacinamide from culture media)                                                  | 20 mg 100%   | <b>Cardio Support Blend</b>                                                                                                                                           | 20 mg *    |
| Vitamin B6 (as pyridoxine hydrochloride from culture media)                                 | 2 mg 100%    | Organic Fenugreek (seed) from culture media,<br>Organic Oregano (leaf) from culture media, Grapeseed Extract,<br>Organic Hawthorn (berry and seed) from culture media |            |
| Folate (as folic acid from culture media)                                                   | 200 mcg 50%  | <b>Immune Support Blend</b> (from culture media)                                                                                                                      | 20 mg *    |
| Vitamin B12 (as cyanocobalamin from culture media)                                          | 12 mcg 200%  | European Elder (berry) Extract, Organic Eleuthero (root),<br>Organic Astragalus (root)                                                                                |            |
| Biotin (from culture media)                                                                 | 150 mcg 50%  | Ginger (rhizome) hydroethanolic extract                                                                                                                               | 3.2 mg *   |
| Pantothenic Acid<br>(as calcium D-pantothenate from culture media)                          | 10 mg 100%   | Organic Turmeric (rhizome) powder (from culture media)                                                                                                                | 3.2 mg *   |
| Iodine (as potassium iodide from culture media)                                             | 75 mcg 50%   | Organic Ginger (rhizome) supercritical extract                                                                                                                        | 0.8 mg *   |
| Zinc (as zinc oxide from culture media)                                                     | 15 mg 100%   | Organic Turmeric (rhizome) supercritical extract                                                                                                                      | 0.8 mg *   |
| Selenium (as selenium dioxide from culture media)                                           | 75 mcg 107%  |                                                                                                                                                                       |            |

\* Daily Value (DV) not established

**Other ingredients:** Culture media (organic soy flour, organic gum acacia, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin, organic orange peel powder, organic carrot powder, lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*], organic alfalfa powder, papain [deactivated], bromelain [deactivated], organic molasses and organic safflower oil), organic gum acacia, *Lithothamnion* (*L. calcareum* and *L. coralloides*), silicon dioxide, lac resin, magnesium oxide, carnauba wax and maltodextrin.

**Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).**\*

\* The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

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For questions or comments call 888-874-4461

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