

**PROBIOTIC-CULTURED.
NON-GMO PROJECT VERIFIED.
WHOLE-FOOD COMPLEXED.**

Suggested use: Three tablets daily.
**Can be taken anytime, even
on an empty stomach.**

Gluten free; 100% vegetarian;
no artificial flavors or colors.

Get the *Whole Truth!* Sign up for our
e-newsletter at: newchapter.com/newsletter

Please refer to newchapter.com for more
information about this product and its benefits.

Caution: *As with any dietary or herbal supplement,
you should advise your healthcare practitioner of
the use of this product. If you are nursing, pregnant,
or considering pregnancy, you should consult your
healthcare practitioner prior to using this product.*

***This statement has not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure,
or prevent any disease.**

Please recycle this bottle after use.

0310-EO1

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40+ every woman™ II MULTIVITAMIN

**Whole-Food Cultured Multivitamin
with Nutrients for Heart, Vision
and Digestion Support***
Can be taken on an empty stomach



48 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 3 Tablets
Servings per container 16

Amount per serving	%DV	Amount per serving	%DV
Vitamin A (100% as beta-carotene from culture media)	5000 IU 100%	Stress and Energy Support Blend (from culture media)	100 mg *
Vitamin C (as ascorbic acid from culture media)	60 mg 100%	Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)	
Vitamin D3 (as cholecalciferol from culture media)	1000 IU 250%	Cardio Support Blend	100 mg *
Vitamin E (as d-alpha-tocopheryl acetate from culture media)	30 IU 100%	Organic Fenugreek (seed) from culture media, Organic Oregano (leaf) from culture media, Grapeseed Extract, Organic Hawthorn (berry and seed) from culture media	
Vitamin K (as phyloquinone [K1] from culture media and as menaquinone-7 [K2] from natto)	80 mcg 100%	Hormone Support Blend (from culture media)	100 mg *
Thiamin (as thiamine hydrochloride from culture media)	8 mg 533%	Organic Chaste Tree (berry), Organic Red Clover (flower), Organic Raspberry (leaf)	
Riboflavin (from culture media)	5 mg 294%	Cruciferous Sprouts Blend (sprouted seeds)	100 mg *
Niacin (as niacinamide from culture media)	20 mg 100%	Organic Broccoli, Organic Cauliflower, Organic Kale, Organic Dandelion Radish, Organic Cabbage, Organic Mustard	
Vitamin B6 (as pyridoxine hydrochloride from culture media)	10 mg 500%	Digestive Support Blend (from culture media)	80 mg *
Folate (as folic acid from culture media)	200 mcg 50%	Organic Aloe (leaf), Organic Peppermint (leaf), Organic Coriander (seed), Organic Cardamom (seed), Organic Artichoke (leaf)	
Vitamin B12 (as cyanocobalamin from culture media)	50 mcg 833%	Immune Support Blend (from culture media)	60 mg *
Biotin (from culture media)	300 mcg 100%	European Elder (berry) Extract, Organic Eleuthero (root), Organic Astragalus (root)	
Pantothenic Acid (as calcium D-pantothenate from culture media)	25 mg 250%	Ginger (rhizome) hydroethanolic extract	9.6 mg *
Calcium (from algae Lithothamnion [L. calcareum and L. coralliorum])	75 mg 7%	Organic Turmeric (rhizome) powder (from culture media)	9.6 mg *
Iodine (as potassium iodide from culture media)	90 mcg 60%	Organic Ginger (rhizome) supercritical extract	2.4 mg *
Magnesium (as magnesium oxide; from culture media and algae Lithothamnion [L. calcareum and L. coralliorum])	20 mg 5%	Organic Turmeric (rhizome) supercritical extract	2.4 mg *
Zinc (as zinc oxide from culture media)	7.5 mg 50%		
Selenium (as selenium dioxide from culture media)	100 mcg 143%		
Copper (as copper sulfate anhydrous from culture media)	750 mcg 38%		
Manganese (as manganese chloride from culture media)	2 mg 100%		
Chromium (as chromium chloride from culture media)	100 mcg 83%		
Molybdenum (as sodium molybdate from culture media)	50 mcg 67%		

* Daily Value (DV) not established

Other ingredients: Culture media (organic soy flour, organic gum acacia, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin, organic orange peel powder, organic carrot powder, lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*]), papain [deactivated], bromelain [deactivated], organic alfalfa powder, organic molasses and organic safflower oil, organic gum acacia, silicon dioxide, lac resin, maltodextrin and carnauba wax.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*)*

* The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

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